



LGBTQIA+ THERAPISTS

MASSACHUSETTS

<p>Mark Bezanson, LICSW Telehealth only Ages 12+ 5 Market Square Amesbury, MA 01913 (978)904-1075 https://www.psychologytoday.com/us/therapists/mark-bezanson-licsw-amesbury-ma/223369</p>	<p>Accepted Insurance: Allways Health, American Behavioral, BCBS, Commonwealth Care Alliance, Commonwealth Care One, HPHC, Optum, MBHP, MassHealth, Tufts</p>
<p>Deborah Carney, LMHC In person & telehealth Children & teens 110 Haverhill Rd Building C, Suite 370 Amesbury, MA 01913 (978)991-1176</p>	<p>Accepted Insurance: Aetna, BCBS, Harvard Pilgrim, Optum Tufts-commercial only, United Healthcare UHC/UBH</p>
<p>Counseling Services of Greater Boston, LLC Ages 9+ Georgetown, Tyngsboro, Wakefield Please fill out intake form on website: www.csgboston.com/schedule-an-appointment/</p>	<p>Accepted Insurance: Aetna, BCBS, Optum, United Healthcare, United Behavioral Health, Mass General Brigham/Allways, Evernorth (formerly Cigna) Point 32 Health (Harvard Pilgrim & Tufts commercial plans).</p>
<p>Ellie Mental Health Peabody Location: David Acuna, MSW, Holly Little Van Straaten, LCSW, Nicki Ziegler, MSW 8 Essex Center Dr Suite #300 Peabody, MA 01960 (978)334-2967 Elliema18701@elliementalhealth.com www.Elliementalhealth.com/locations/Peabody-ma/</p>	<p>Accepted Insurance: Aetna, BCBS, Optum, United Healthcare/UBH, Tufts</p>

<p>Ellie Mental Health Chelmsford Location Jamie Williamson, MSW 1 Meeting House Road Chelmsford, MA 01824 (978)485-4722 www.elliema22401@elliementalhealth.com www.elliementalhealth.com/locations/chelmsford-ma/</p>	<p>Accepted Insurance: BCBS, Oxford, Optum, Surest, United Healthcare/UHC/UBH, UMR, Mass General Brigham, Harvard Pilgrim, Wellpoint/Unicare, Oscar, Tufts/Point32</p>
<p>Shauna Gorham Psychotherapy Virtual only (781)412-3803 Info@shaunagorhampsychotherapy.com www.shaunagorhampsychotherapy.com/</p>	<p>Accepted Insurance: BCBS, Optum, Harvard Pilgrim, Cigna and Aetna</p>
<p>Heads Held High Counseling Brookline/Virtual (617)294-9803 Intake@headsheldhighcounseling.com www.headsheldhighcounseling.com/</p>	<p>Accepted Insurance: Aetna, Anthem, BCBS, Carelon, Cigna, Fallon, Harvard Pilgrim, MGB, MBHP/MassHealth, Meritain Health, Tufts, UMR, United Healthcare, Wellpoint, Wellsense</p>
<p>Inner Compass Counseling 8 Continental Drive, Unit G Exeter, NH 03833 (978) 225-3094 Natalie@innercompasscounselingne.com www.goinnercompasscounseling.com/</p>	<p>Accepted Insurance: Aetna, Anthem, Harvard Pilgrim, Martin’s Point USFHP, Optum, Tricare, Tufts, VA Community Care Network (VACCN).</p>
<p>Integrated Behavioral Health Care Eileen Diggins, PhD Nicholas Nashi, LMHC Andover, Beverly, Amesbury (978)296-5595 Info@behcare.com www.Integratedbehcare.com/</p>	<p>Accepted Insurance: Aetna, BCBS, Harvard Pilgrim, MGB, Optum, Tufts, United Healthcare, Wellsense and more...</p>
<p>Lifestance Lynnfield Location In person & telehealth Tiffany Tremblay, PsyD 6 Kimball Lane Suite 305 Lynnfield, MA 01940 (866)972-9476</p>	<p>Accepted Insurance: Aetna, BCBS, Carelon (Beacon), Evernorth (Cigna), Optum, United Healthcare, Tufts</p>

<p>Lifestance Woburn Location In person & telehealth Rebecca, Zafran, LICSW 12 Alfred Street Suite 200 Woburn, MA 01801 (888)423-0675 Lifestance.com/provider/therapist/ma/Woburn/Rebecca-zafran/</p>	<p>Accepted Insurance: Aetna, BCBS, Centivo, Humana, Optum, United Healthcare, Provider Network of America, Tufts, Behavioral Health Systems, Carelon (Beacon), Evernorth (Cigna), Multiplan (PHCS), Partners Direct Health, Sana Benefits.</p>
<p>Merrimack River Wellness Lisa Dube, LICSW Group & Family Therapy only NO openings for individual therapy 51 Pleasant Street Newburyport, MA 01950 (978)306-2850 ldube@merrimackriverwellness.com www.merrimackriverwellness.com</p>	<p>Accepted Insurance: Mass General Brigham, BCBS, Harvard Pilgrim, Tufts Commercial, United Behavioral Health, Optum, Surest.</p> <p>Accepted MA Medicaid Plans: Mass General Brigham Health Plan, MBHP, Tufts Health Together, Wellsense</p>
<p>Merrimack Valley Behavioral Health Outpatient Therapy 18+ only 77 Elm St Amesbury, MA 01913 (888)303-1937 Info@mvbehavioralhealth.com https://mvbehavioralhealth.com/who-we-treat/lgbtq-mental-health-services/</p>	<p>Accepted Insurance: Multiplan, Aetna, Anthem, BCBS, Beacon, Cigna, Harvard Pilgrim, Allways, Humana, Optum, Tufts</p>
<p>Merrimack Valley Psychological Associates Kedar Thomas, LICSW Frances Bowley, LICSW Angela Villani, LMHC 35 New England Business Ctr Dr #210, Andover, MA 01810 (978)222-7729 www.mvpsych.com/</p>	<p>Accepted Insurance: Aetna, BCBS, Optum, United Healthcare</p>



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NEW HAMPSHIRE

<p>Authentically You Counseling 18+ Portsmouth, Concord, NH & Virtual (603)429-1999 Info@authenticallyyoucounseling.org www.authenticallyyoucounseling.org/</p>	<p>Accepted Insurance: Anthem, BCBS, Cigna, Evernorth, Harvard Pilgrim & Optum</p>
<p>Birch Haven Counseling AJ Diamonti, PhD Teens & adults Stratham & Somersworth, NH (978) 254-1165 ajdiamonti@birchhavennh.com www.birchhavennh.com/aj-diamonti-phd</p>	<p>Accepted Insurance: Aetna, Optum, Harvard Pilgrim, Tufts, Anthem, BCBS, NH Medicaid, Medicare, VA</p>
<p>Bodhi Counseling Services Offices in NH: Londonderry, Concord, Lebanon, Bedford. Telehealth available Concord: Samantha Ramirez, MS, Felix Moniz, MSW Alex DiBernardo, MA, LCMHC</p>	<p>Accepted Insurance: Aetna, Amerihealth Caritas, Anthem Blue Cross Blue Shield, Cigna, Harvard Pilgrim, Optum, Tufts, Unicare, United Healthcare, Wellsense</p>
<p>Equality Health Center Kallum Houlker, LCMHC Pre-teen, teen, adults in person & telehealth 38 S. Main Street Concord, NH 603-225-2739 https://equalityhc.org/behavioral-health/</p>	<p>Accepted Insurance: BCBS, Harvard Pilgrim, United Healthcare, Cigna, Point 32, NH Medicaid, NH Healthy Families, Wellsense, Amerihealth Caritas, Ambetter, and more.</p>

<p>Lifestance Exeter Location: Tessa Smith, PsyD Ages 15+ 24 Front St, Suite 100 Exeter, NH 03833 855-516-6333 https://lifestance.com/provider/psychologist/nh/exeter/tessa-smith/</p>	<p>Accepted Insurance: Aetna, Behavioral Health Systems (BHS), Carelon (Beacon), Centivo, Elevance Health (Anthem BCBS), Evernorth (Cigna), Humana, MediNcreas Health Plans (MHP), MultiPlan (PHCS), Optum (UnitedHealthcare), Partners Direct Health, Provider Network of America (PNOA), Sana Benefits, Tufts</p>
<p>Lifestance Nashua Location R. Sloane Franklin, LICSW Ages 15+ 15 Trafalgar Square, Suite 202 Nashua, NH 03063 866-922-4787 https://lifestance.com/provider/therapist/nh/peterborough/r-sloane-franklin/</p>	<p>Accepted Insurance: Aetna, Behavioral Health Systems (BHS), Carelon (Beacon), Centivo, Community Health Options (CHO), Elevance Health (Anthem BCBS), Evernorth (Cigna), Humana, MediNcrease Health Plans (MHP), MultiPlan (PHCS), Optum (UnitedHealthcare), Partners Direct Health Provider Network of America (PNOA), Sana Benefits, Tricare East (Humana Military) Tufts, US Family/Martin Point Health Plan</p>
<p>Lifestance Manchester Location Edgar Hartford, PsyD Ages 11+ 15 Nelson Street, 2nd Floor Manchester, NH 03103 888-494-0622 https://lifestance.com/provider/psychologist/nh/manchester/edgar-hartford/ Kate McClain, LICSW Ages 15+ 888-494-0622 https://lifestance.com/provider/therapist/nh/manchester/kate-mcclain/</p>	<p>Accepted Insurance: Aetna, Behavioral Health Systems (BHS), Carelon (Beacon), Centivo, Community Health Options (CHO), Elevance Health (Anthem BCBS), Evernorth (Cigna), Humana, MediNcrease Health Plans (MHP), MultiPlan (PHCS), Optum (UnitedHealthcare), Partners Direct Health Provider Network of America (PNOA), Sana Benefits, Tricare East (Humana Military) Tufts, US Family/Martin Point Health Plan</p>
<p>Mindful Holistic Therapy 75 Railroad Ave Unit B4, Epping, NH 03042 www.Mindfulltx.com/</p>	<p>Accepted Insurance: Tufts, UBH/Optum, Harvard Pilgrim, Cigna, Evernorth, Carelon</p>
<p>Women’s Counseling of Nashua Kerri Whitney-Beretta, LCMHC Nashua, NH & Virtual (603)821-0008 Info@womenscounselingofnashua.com www.Womenscounselingofnashua.com/staff/kerri-whitney-beretta-ms/</p>	<p>Accepted Insurance: BCBS (any State), Cigna, Evernorth, Tufts, Point 32 Health (commercial)</p>