



Care in your community

Newburyport: 978-465-7121

Haverhill: 978-373-6557

Rowley: 978-948-4120

Visit our website: WWW.CHCMASS.COM



Therapists & Counselors

NH Providers

Boyd Lake Counseling

*Accepting new patients, has a waitlist
Mention Children's Healthcare referred you

23 Atkinson Depot Rd. Suite 101

61 Rte. 27 Suite 10

Raymond, NH

(603) 244-5355

<https://www.boydlakecounseling.com>

Ages 4+

Aetna, Ambetter, Anthem/Elevance, BCBS, Cenpatico, Cigna & Evernorth, Harvard Pilgrim, NH Healthy Families, Optum, Tufts, United Healthcare UHC/UBH

Care Counseling Services

Manchester, Concord & Nashua NH & Haverhill MA

(603) 270-9181

Email: Therapy@carenh.com

Website: <https://www.carenh.com/>

Aetna, Ambetter, AmeriHealth, Anthem, BCBS, Carelon, Centene, Cigna and Evernorth, Harvard Pilgrim, Health Plans Inc, Medicaid, Multiplan, NH Healthy Families, Optum, Tufts, UMR, UHC, UBH, WellSense, Wellpoint, Amerigroup

Cedar Grove Counseling and Wellness Services

91 Portsmouth Ave

Stratham, NH 03885

(978) 307-8654 ext. 1

<https://cedargrove-counseling.com/>

Harvard Pilgrim, Anthem, Optum/United, NHHF, Ambetter, Tricare East

Choices Counseling

Private & Medicaid insurance accepted including BCBS, Harvard Pilgrim, United Healthcare (call for more information)

80 Nashua Road

Londonderry, NH 03053

(603) 818-8926

<https://www.choicescounseling-nh.com/>

Compass of Hope Counseling

Hampton, Concord, Hookset NH Telehealth for MA, NH, ME

(603) 824-3555

<https://www.compassofhope.com/>

Optum, Harvard Pilgrim, Cigna, Anthem BCBS, Aetna

C.R.E.A.T.E Therapy

Creative arts therapy

Londonderry, Manchester NH & Virtual

(603) 316-2318

<https://www.castlecreate.com/>

Aetna, Ambetter, AmeriHealth, Caritas NH, Anthem, BCBS, Cigna, Evernorth, Harvard Pilgrim, Health Plans Inc, NH Healthy Families, Optum, UMR, UHC, UBH

<p>Ellie Mental Health Several counselors each with different specialties & age preferences 2 Manor Parkway, Suite 2 Salem, NH 03079 (603) 634-8535 Ellienh18001@elliementalhealth.com Aetna, Ambetter, Anthem/Carelon, BCBS, Cigna, Harvard Pilgrim, NH Healthy Families, Optum, Tri-Care, Tufts, United Healthcare, Wellsense</p>	<p>Katelyn Gelineau, LCMHC 426 Middle St. Portsmouth, NH (978)225-0897 katelyngelineau.com Ages 13+ only BCBS, Optum, Harvard Pilgrim</p>
<p>Harmonic Solutions Niels York, LICSW Hampton, NH 603-810-8320 All Ages https://harmonicsolutions.org/ Insurances: Aetna, Beacon, Cenpatico, Cigna, Harvard Pilgrim, Medicaid, NH Healthy Families, Optum, United, Well Sense</p>	<p>Just for You Counseling 130 Main St, Suite 204 Salem, NH 03079 Justforyoucounseling.com Ages 10 + Many commercial plans + NH Healthy Families and Medicare (with in-network supplemental/secondary insurance)</p>
<p>Katalyst Psychological Family Center Individual therapy & neuropsychological assessments Manchester, NH (603) 206-5844 https://kat-psy.com/ BCBS, Cigna, Harvard Pilgrim, NH Healthy Families, Optum, UBH, Tufts, United Healthcare, Wellsense (Beacon Health Strategies)</p>	<p>Life Stance Bedford, Concord, Dover, Exeter, Londonderry, Manchester, Nashua, Peterborough, Portsmouth, Salem, NH & telehealth Insurances: Aetna, Community Health Options, ComPsych, Anthem, Cigna, Humana, MediNcrease Health Plans, PHCS, Optum, United, Tricare, Tufts, US Family/MPHP https://lifestance.com/</p>
<p>Portsmouth & Exeter Mental Health Associates Portsmouth & Exeter, NH Individual, family and play therapy (603) 433-2656 https://pemha.com/ <u>Call for insurance information</u></p>	<p>Roclyn Porter Hampstead, NH 03841 (603) 326-7478 https://www.psychologytoday.com/us/therapists/roclyn-porter-hampstead-nh/307292</p>
<p>Rollins Counseling Center 130 Main St, Suite 201A Salem, NH 03079 (978) 999-2165 Ages 6+ Mass General Brigham, BCBS, Tufts, United, Optum Aetna, Cigna https://www.rollinscounselingcenter.com/</p>	<p>Salem Psychological Associates Private & Medicaid insurance accepted 87 Stiles Road, #106 Salem, NH 03079 (603) 893-7700 https://salempsychoassociates.com/</p>

Seacoast Mental Health Center
Child, Adolescent, & Family Services
Portsmouth, NH 03801
(603) 431-6703
AND
Exeter, NH 03833
(603) 772-2710

Seacoast Therapy Associates
467 Lafayette Rd
Hampton, NH 03842
(978) 267-7188
ClientServices@seacoasttherapy.org
<https://seacoasttherapy.org/>
Call for insurance info

Shoreline Counseling Group
Dover & Portsmouth NH & Virtual
(877) 269-6579
<https://www.shorelinecounselinggroup.com/>
BCBS, Cigna, Aetna, United Healthcare, Harvard Pilgrim

Dana Somers, LICSW
6 Old Rochester Road, Suite 104
Dover, NH 03820
(978) 352-0737
danasomerslicsw@gmail.com
<https://danasomerslicsw.com/>
SELF PAY ONLY

Swallowtail Counseling, PLLC
Loni Rowe, LICSW
Ages: 12+
24 Front St. Exeter, NH 03833
lonirowe@swallowtailcounseling.com
978-572-0292
Insurance accepted: Anthem, Optum, Cigna, Tufts, Harvard Pilgrim

Kristen Trapane, LICSW
1 Middle St. Portsmouth, NH 03801
603-303-2090
Ages 6+
Insurance: Self pay or NH Health Families

Seth Wizler, LCMHC
18 Maplewood Ave.
Portsmouth, NH 03801
603-244-3370
Anthem, Beacon, BCBS, Cigna, Coventry, First Health,
Great- West Life, Humana, Martin's Point, Multiplan, MVP
Health care, PHCS Network, Tricare, Tufts