



Care in your community

Newburyport Lower Level 978-465-7121
Newburyport Upper Level 978-388-9880
Haverhill 978-373-6557

Visit our website: **WWW.CHCMASS.COM**



Psychiatry

Psychiatric Crisis Team – Emergency
Lahey Behavioral health
Haverhill, MA 978-521-7777

Lahey Clinic sees children ages 5-17 years of age walk-in only 8-10 am Tuesdays and Wednesdays. Ages 18 and older walk-in available Mondays and Thursdays 8-10 am. The clinic serves as walk-in therapy and if after several visits' possible medication management. If that is the case, patients will be put on medication management waiting list.

12 Methuen Street, 3rd Floor Lawrence, MA 978-683-3128

Access Mental Health

Ages 6+

Medication management & psychotherapy
Manchester, NH & North Chelmsford, MA +
telehealth

Phone number: 603-600-1033

Email:

accessmentalhealthservices@hotmail.com

Website: <https://www.access-amhs.com/>

Accepts most insurances including MassHealth
and Wellsense.

Advanced Mental Health and Wellness, PLLC

Jennifer Macneil PMHNP-BC

Teenagers & adults

42 Pleasant St, Newburyport, Massachusetts 01950, United
States

Phone Number: 978-255-4871

Email: jennifer@advancedmentalhealthandwellness.com

Blue Cross and Blue Shield, Allways Health Partners
Cigna, Fallon, Harvard Pilgrim, Tufts United Behavioral
Health, Optum Health,*Medicaid and Medicare, Beacon
Health, Mass Health, Wellsense

Arbour Counseling Services

Therapy & Medication Management

116 Summer Street, Haverhill MA 01830

978-373-7010

<https://arbourehealth.com/treatment-services/outpatient-counseling/>

Aetna, BCBS, BMC, Fallon, HPHC, UBH & more
Please contact for complete, updated list.

Behavioral and Mental Health

Ann Desloges, PMHNP

12+

Medication management & psychotherapy

Telehealth only (MA, NH, ME)

Phone: 781-463-5007

Website: <https://www.deslogesann.com/>

Aetna, Anthem BCBS, BCBS, Harvard Pilgrim, Medicare
Tufts, United Healthcare/UBH

Boston Behavioral Health Associates**Dr. Shailaja Emani****4+****Telehealth only, Saturday & Sunday appointments available**

Medication management

Phone: 781-218-9550

Website: <https://www.psychboston.com/dr-shailaja-emani>BCBS, Anthem, Horizon BCBS, Blue Benefit, Tufts Commercial,
Aetna, UHC, HPHC, Health Plans Inc, Always, MGB

Christine Bourgeois CPNP, PMHNP-PC

Saturdays only

Ages 7-25

Andover, MA 01810 E-mail: cbourgeoispmhnp@gmail.com

Tel: 781-205-9105

Blue Cross Blue Shield of MA, Tufts Commercial Plans
(HMO/PPO), Harvard Pilgrim & private pay

Ruxandra Carp

Telehealth only

All ages

<https://www.psychologytoday.com/us/psychiatrists/ruxandra-carp-winchester-ma/160551>

BCBS, HPHC, Optum, Aetna

Coastal Psychiatry, LLC**Kimberly Seaward, PMHNP****12+ in person & telehealth**

5 Cherry Hill Drive Suite L120

Danvers, MA 01923

Phone: 978-252-4445

Email: kimberly@coastal-psychiatry.comWebsite: <https://coastal-psychiatry.com/>BCBC, HPHC, Cigna, Aetna, UHC, Optum, MGB,
Medicare, Tufts

Ferncroft Behavioral Health

Ages 5+

175 Andover St. Suite 203, Danvers, MA 01923

978-606-0011

Please fill out intake form here: <https://ferncroftbh.com/>Harvard Pilgrim, United Healthcare, Optum, Cigna, Aetna BCBS,
Tufts, Mass General Brigham

Great Bay Mental Health**Medication management, individual therapy, & family therapy**

15 Old Rollinsford Road, Suite 302

Dover, NH 03820

Phone: 603-742-9200

Website: <https://www.wdhospital.org/whp/specialty-care/mental-health/great-bay-mental-health>Aetna, Anthem NH, Cigna, Great West, HPHC, HCVM/First
Health/Coventry, Health Kids Gold & Silver,
HealthNet/Tricare, Martin's Point, Maine Medical, NH
Medicare, MVP, NH Medicaid, Private Health
Systems/Multiplan, UHC

Greater Nashua Mental Health

Med management, therapy, groups, family therapy, crisis services, walk in hours, early psychosis program, SUD services, community outreach.

Serving: Amherst, Brookline, Hollis, Merrimack, Mount Vernon, Nashua. SUD & Deaf/hard of hearing State wide
Phone: 603-889-6147

Website: <https://gnmhc.org/children-adolescents-families/>

Most private insurances, plus Medicare and Medicaid.

InStride Health

Telehealth only

Ages 7-22

Email: info@instride.health

Phone: (855) 438-8331

<https://instride.health/>

Specialty Outpatient Care for Pediatric Anxiety and OCD

All Patients must have OCD or anxiety as their primary diagnosis.

Amerihealth, Anthem BCBS (including Empire), Blue Cross Blue Shield of Massachusetts, Blue Cross Blue Shield of Rhode Island, ConnectiCare, Emblem Health, Group Health Incorporated (GHI), Harvard Pilgrim, Horizon Blue Cross Blue Shield of New Jersey, Independence Blue Cross, Mass General Brigham Health Plan, NYSHIP, Optum, Oscar, Oxford, UnitedHealthcare, and Wellpoint (UniCare).

Integrated Behavioral Care

Medication management, psychotherapy, family therapy, neuropsych testing 12+

Locations in Andover, Amesbury & Beverly, MA

Telehealth available for MA & NH

Phone: 781-296-5595

Website: <https://integratedbehcare.com/>

Aetna, BCBS, HPHC, MGB, Optum, Tufts, UHC and more

Keyes Behavioral Health

Medication management 5+ has waitlist as of 11/6

14 Cedar Street Suite 107a Amesbury, MA 01913

Phone: 978-358-1898

Email: contact@keyesbehavioralhealth.com

Website: <https://keyesbehavioralhealth.com/>

Cigna, HPHC, Optum, Aetna, BCBS, Tufts

Lifestance

Children & adolescents

In person & telehealth

Many locations throughout MA & NH

. <https://lifestance.com/services/child-and-adolescent-psychiatry/>

Most commercial insurances, plus MassHealth. See website for full list of insurances accepted

Mass General Hospital

****Must be a patient of MGH***

Yawkey Center for Outpatient Care

Fruit Street, Suite 6A Boston, MA 02114

Phone: 617-724-5600

<https://www.massgeneral.org/children/child-psychiatry>

Aetna, BCBS, Cigna, Commonwealth Care Alliance, Coventry/First Health, Fallon, HPHC, Health New England, MassHealth, Mass General Brigham, Multiplan, Tricare, Tufts (commercial & public) United, Wellpoint, Wellsense (NH & MA)

The Mental Health Center of Greater Manchester

2 Wall Street Suite 200, Manchester, NH 03101

(603) 668-4111

<https://www.mhcgmm.org/our-programs/child-teen-services/>

Accepts most insurances including Medicare, Medicaid and NH Healthy Families. Please contact for more information.

Northeast Health Services

Children & adolescents

Many locations throughout MA 617.466.7479

<https://nehs.transformationsnetwork.com/children/> Optum,

Cigna, Aetna, Tricare, Tufts, Carelon, Medicare,

BCBS, United Healthcare, Fallon, MassHealth, Wellsense, MBHP,

Unicare, Harvard Pilgrim

North Shore Counseling Center

Ages 16+

100 Cummings Center, Suite 307-E

Beverly, MA 01915

978-922-2280

<https://www.nsccl-inc.com/medication-clinic/>

Aetna, BCBS, Cigna, Fallon, Harvard Pilgrim, Mass General Brigham ,

MassHealth, Wellsense, MBHP, Unicare.

Project Child

Medication management, psychotherapy, occupational & speech therapy, social skills groups

BCBS, Carelon (coming soon Cigna, MGB, UHC)

5 Centennial Drive, STE 100

Peabody, MA 01960

Phone: 978-232-0332

Email: info@projectchild.com

Website: <https://www.projectchild.com/>

Psychological Associates of Lynn

J. Phillip Reimherr, MD

173 Oxford Street

Lynn, MA 01901

781-268-2200

info@paloflynn.com

Telehealth only

Ages 3 and older

Practice includes 3 Advanced Practice Psychiatric Nurses and Physician's Assistant who can prescribe medications:

Elizabeth Reimherr, PNMHCS

Sheryl Rosen, PNMHCS

Nicole Gesamendo, PMHNP-BC

Hillary Du, PA-C

Accepts most major insurances + Medicaid and Medicare

PsychNashua

Medication management 4+

Portsmouth & Salem, NH

Phone: 603-600-8330

Website: <https://www.psychnashua.com/>

BCBS, Tufts, Blue Benefit, UHC, UMR, Aetna, Health Plans Inc, HPH, MGB, Always Health Partners

Safe Harbor Psychiatry

Telehealth only

Ages 6+

112 Parker Street,
Newburyport, MA 01950

978-518-2880

https://www.safeharborpsych.com/?utm_source=gmb_auth

Blue Cross & Blue Shield or Self-Pay

Department of Psychiatry, Salem Hospital

57 Highland Avenue

Salem, MA 01970

(978) 354-2700

<https://saalemdoctors.massgeneralbrigham.org/?orgunits=14>

Accepts most insurances including MassHealth, and Wellsense (MA & NH). See website for complete list.

Liz Soccorso, APRN**North Shore Psychiatry**

100 Conifer Hill Drive Suite 501 Danvers, MA 01923

Phone: 978-922-8600.

Email: nspec@nspsychcenter.com

Website: <https://www.nspsychcenter.com/>

SELF PAY ONLY

Somertrust Psychological Associates

Heather Slack, PMHNP

Ages 13+

873 Turnpike St. North Andover MA

Phone: 978- 688-8004

Website: <https://somertrust.com/>

Must attend Parent Consult first (this appointment is self-pay)

Harvard Pilgrim, BCBS, United Healthcare

Tufts Child and Adolescent Psychiatry

755 Washington Street

Boston, MA 02111

Several locations

Phone: 617-636-5731

Website: <https://www.tuftsmedicine.org/services-treatments/pediatrics/psychiatry-child-adolescent#doctors>

Accepts most major insurances and MassHealth. Call or visit website for more info.

***Please contact your insurance to verify that any specialist is in-network with your plan.
If your plan requires a referral, please contact our referral department at 978-499-8657**