



Newburyport Lower Level 978-465-7121 **Newburyport Upper Level** 978-388-9880

Haverhill

978-373-6557

Visit our website: WWW.CHCMASS.COM





Therapists & Counselors

NH Providers

Boyd Lake Counseling

*Accepting new patients, has a waitlist Mention Children's Healthcare referred you 23 Atkinson Depot Rd. Suite 101 61 Rte. 27 Suite 10 Raymond, NH (603) 244-5355

https://www.boydlakecounseling.com

Ages 4+

Aetna, Ambetter, Anthem/Elevance, BCBS, Cenpatico, Cigna & Evernorth, Harvard Pilgrim, NH Healthy Families, Optum, Tufts, United Healthcare UHC/UBH

Choices Counseling

Private & Medicaid insurance accepted including BCBS, Harvard Pilgrim, United Healthcare (call for more information) 80 Nashua Road Londonderry, NH 03053 (603) 818-8926

https://www.choicescounseling-nh.com/

Cedar Grove Counseling and Wellness Services

91 Portsmouth Ave Stratham, NH 03885 (978) 307-8654 ext 1

https://cedargrove-counseling.com/

Harvard Pilgrim, Anthem, Optum/United, NHHF, Ambetter, Tricare East

Compass of Hope Counseling

Hampton, Concord, Hookset NH Telehealth for MA, NH, ME (603) 824-3555

https://www.compassofhope.com/

Optum, Harvard Pilgrim, Cigna, Anthem BCBS, Aetna

Ellie Mental Health

Several counselors each with different specialties & age preferences 2 Manor Parkway, Suite 2 Salem, NH 03079 (603) 634-8535

Ellienh18001@elliementalhealth.com

Aetna, Ambetter, Anthem/Carelon, BCBS, Cigna, Harvard Pilgrim, NH Healthy Families, Optum, Tri-Care, Tufts, United Healthcare, Wellsense

Katelyn Gelineau, LCMHC

426 Middle St. Portsmouth, NH (978)225-0897 katelyngelineau.com Ages 13+ only BCBS, Optum, Harvard Pilgrim

Harmonic Solutions

Niels York, LICSW Hampton, NH 603-810-8320 All Ages

https://harmonicsolutions.org/

Insurances: Aetna, Beacon, Cenpatico, Cigna, Harvard Pilgrim, Medicaid, NH Healthy Families, Optum, United, Well Sense

Just for You Counseling

130 Main St, Suite 204 Salem, NH 03079

https://justforyoucounseling.com

Ages 10 +

Many commercial plans + NH Healthy Families and Medicare (with in-network supplemental/secondary insurance)

Life Stance

Bedford, Concord, Dover, Exeter, Londonderry,
Manchester, Nashua, Peterborough, Portsmouth,
Salem, NH & telehealth
Insurances: Aetna, Community Health Options, ComPsych,
Anthem, Cigna, Humana, MediNcrease Health Plans,, PHCS,
Optum, United, Tricare, Tufts, US Family/MPHP

https://lifestance.com/

Olde Port

Counseling

406 The Hill Portsmouth, NH 603-531-8811

Many providers and each accept different insurances https://oldeportcounseling.com/contact/

Roclyn Porter

Hampstead, NH 03841 (603) 326-7478

https://www.psychologytoday.c om/us/therapists/roclyn-porter- hampstead-nh/307292

Rollins Counseling Center

130 Main St, Suite 201A Salem, NH 03079 (978) 999-2165

Ages 6+

Mass General Brigham, BCBS, Tufts, United, Optum Aetna, Cigna

https://www.rollinscounselingcenter.com/

Salem Psychological Associates

Private & Medicaid insurance accepted 87 Stiles Road, #106 Salem, NH 03079 (603) 893-7700 https://salempsychologicalassociates.co.m/

Seacoast Mental Health Center

Child, Adolescent, & Family Services Portsmouth, NH 03801 (603) 431-6703

AND

Exeter, NH 03833 (603) 772-2710

Seacoast Therapy Associates

467 Lafayette Rd Hampton, NH 03842 (978) 267-7188

<u>ClientServices@seacoasttherapy.org</u>
https://seacoasttherapy.org/
Call for insurance info

Dana Somers, LICSW

6 Old Rochester Road, Suite 104
Dover, NH 03820
(978) 352-0737
danasomerslicsw@gmail.com
https://danasomerslicsw.com/

Swallowtail Counseling, PLLC Loni Rowe, LICSW

Ages: 12+ 24 Front St. Exeter, NH 03833 lonirowe@swallowtailcounseling.com 978-572-0292

Insurance accepted: Anthem, Optum, Cigna, Tufts, Harvard Pilgrim

Kristen Trapane, LICSW

SELF PAY ONLY

1 Middle St. Portsmouth, NH 03801 603-303-2090 Ages 6+

Insurance: Self pay or NH Health Families

Seth Wizler, LCMHC

18 Maplewood Ave.
Portsmouth, NH 03801
603-244-3370

Anthem, Beacon, BCBS, Cigna, Coventry, First Health, Great- West Life, Humana, Martin's Point, Multiplan, MVP Health care, PHCS Network, Tricare, Tufts