



Newburyport Lower Level
Newburyport Upper Level
Haverhill

Care in your community

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Visit our website: **WWW.CHCMASS.COM**



LGBTQIA+ RESOURCES

Organizations/Community Centers

Boston Alliance of LGBTQ+ Youth (BAGLY) 28 Court Square Boston, MA 02108 info@bagly.org (617) 227-4313 www.bagly.org	• 14 locations throughout Massachusetts • Free weekly virtual & in person therapy • Essential life skill building groups & resources. • Financial resources for LGBTQ+ youth • Health and wellness services • Health education & risk reduction • Youth leadership & advocacy training
GLBTQ+ Adolescent Social Services (GLASS) 55 Armory Street, Suite 3 Boston, MA 02130 AND 1 Grant Street Framingham, MA 01702 https://jri.org/services/health-and-housing/health/boston-glass Ages 13-29	• LGBTQ+ youth of color and their allies and youth living with HIV. • Drop-in center for LGBTQ+ youth of color between the ages of 13-25 years. • Drop-in mental health support Mon-Fri no appointment or insurance needed ages 13-29 years. • Behavioral health services including community-based services, intensive in-home therapy, and mentoring for youth age 21 and under (must meet eligibility requirements). • Youth leadership development • Support groups, and social activities
North Shore Alliance of LGBTQ+ Youth (NAGLY) Witch City Mall 2 East India Square, Suite 121 Salem, MA 01970 (978)224-2102 www.nagly.org NAGLY North (Newburyport satellite location) Youth grades 6-12	• Social groups for teens, middle school youth and K-elementary • Support groups • Community Center drop-in hours • Mental health counseling: www.nagly.org/counseling • Referrals and resources (continued...) • Community events

Meets once a month at the Newburyport Public Library. Email: tmacgregor@cityofnewburyport.com NAGLY Lynn (Lynn satellite location) Youth ages 11-18 Meets once a month at Raw Art Works 7 Central Square in Lynn Contact: Tricia J: johnstonP@lynnschools.org OR: Cody W: cody@nagly.org	• Health Education and Risk Reduction Team (HEARTT)
OUT Metrowest 160 Hollis Street Framingham, MA 01702 (508)875-2122 www.outmetrowest.org	• Free programs for LGBTQ+ and allied youth ages pre-K through age 29. • Programs are held outside of school hours and provide social connection, emotional support, and resources. • Community events and satellite programs • Large online database of LGBTQ+ resources.
Seacoast Outright P.O. Box 842 Portsmouth, NH 03802 In person meeting location: Community Campus, 100 Campus Drive, Portsmouth NH www.seacoastoutright.org	• Many different support groups in person & virtual for children & youth grades K-12 • Support groups for parents and caregivers • PRISM: one on one mentoring program connecting LGBTQ+ youth with affirming adult mentors.



HOTLINES/HELPLINES

Trevor Project 24/7 Hotline: 866-488-7386

Text "start" to: 678678

Trevor Lifeline for LGBTQ Youth: www.thetrevorproject.org/

Trained crisis counselors available 24/7 365 days a year. Services are free and 100% confidential. The website provides resources, guides, a resource library and Trevor Chat (online chat option). The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

The LGBT National Youth Talkline: 800-246-7743

HELP@LGBThotline.org

<https://lgbthotline.org/youth-talkline/>

Anonymous, free, confidential phone and email peer support from trained volunteers. Offers support, information, and local resources throughout the United States and beyond for callers 25 and under.

Mon-Fri 2:00PM-11PM EST

Saturday 12:00PM-5:00PM EST

LGBT National Hotline: 888-843-4564

help@LGBThotline.org

<https://lgbthotline.org/national-hotline/>

Free, confidential phone, online one-to-one chat and email peer-support. All ages.

Mon-Fri 2:00PM to 11:00PM EST

Saturday 12:00PM to 5:00PM EST

LGBT National Coming Out Support Hotline: 888-688-5428

<https://lgbthotline.org/coming-out-hotline/>

Provides a safe space to discuss questions or concerns for all ages no matter where you are on your journey.

Anonymous, free and confidential.

Mon-Fri 2:00PM to 11:00PM EST

Saturday 12:00PM to 5:00PM EST

Transgender Lifeline: 877-565-8860

Translifeline.org

Provides 24/7 trans peer support run by and for trans people. Confidential and anonymous.

National Suicide Prevention Lifeline: (800) 273-8255 (988 Suicide & Crisis Lifeline)

<https://988lifeline.org/>

The 988 Suicide & Crisis Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States and its territories. The 988 Lifeline is comprised of a national network of over 200 local crisis centers, combining local care and resources with national standards and best practices. **Call, Text and online Chat all available and confidential.**

Massachusetts Behavioral Health Helpline: 833-773-2445 (call or text).

Deaf or hard of hearing: MassRelay at 711

Web Chat also available.

<https://www.masshelpline.com/>

24/7 support with qualified professionals for mental health assessments, crisis services, substance use treatment, referrals and more, with options in your own community. Staff will remain on the line with you until you are connected to your next step. The BHHL is for everyone, including LGBTQIA+, Black, Indigenous, and People of Color (BIPOC), Deaf or hard of hearing, individuals with disabilities, and individuals whose first language is not English.

New Hampshire Rapid Response Access Point (NHRRAP): Call or Text 833-710-6477

Web Chat also available

<https://www.nh988.com/>

The New Hampshire Rapid Response Access Point provides the support you want in your time of need. If you or someone you care about is experiencing a mental health or substance use crisis, you can call and speak to trained and caring staff. NHRRAP provides phone support and problem solving to help resolve a behavioral health crisis, resources to outpatient services, and access to the Mobile Crisis Response Team (MCRT) who can come to you at a place of your choice. Available 24 hours a day, 7 days a week – including holidays. Contact by phone, text or chat to access vital support services when you need them most.