



## LGBTQIA+ THERAPISTS

### MASSACHUSETTS

<p><b>Mark Bezanson, LICSW</b>  <b>Telehealth only</b>  <b>Ages 12+</b>          5 Market Square          Amesbury, MA 01913          (978)904-1075  <a href="https://www.psychologytoday.com/us/therapists/mark-bezanson-licsw-amesbury-ma/223369">https://www.psychologytoday.com/us/therapists/mark-bezanson-licsw-amesbury-ma/223369</a></p>	<p><b>Accepted Insurance:</b>          Allways Health, American Behavioral, BCBS, Commonwealth Care Alliance, Commonwealth Care One, HPHC, Optum, MBHP, MassHealth, Tufts</p>
<p><b>Deborah Carney, LMHC</b>          In person &amp; telehealth          Children &amp; teens          110 Haverhill Rd          Building C, Suite 370          Amesbury, MA 01913          (978)991-1176</p>	<p><b>Accepted Insurance:</b>          Aetna, BCBS, Harvard Pilgrim, Optum          Tufts-commercial only, United Healthcare UHC/UBH</p>
<p><b>Counseling Services of Greater Boston, LLC</b>          Ages 9+          Georgetown, Tyngsboro, Wakefield  <b>Please fill out intake form on website:</b>  <a href="http://www.csqboston.com/schedule-an-appointment/">www.csqboston.com/schedule-an-appointment/</a></p>	<p><b>Accepted Insurance:</b>          Aetna, BCBS, Optum, United Healthcare, United Behavioral Health, Mass General Brigham/Allways, Evernorth (formerly Cigna) Point 32 Health (Harvard Pilgrim &amp; Tufts commercial plans).</p>
<p><b>Ellie Mental Health</b>  <b>Peabody Location:</b>  <b>David Acuna, MSW,</b>  <b>Holly Little Van Straaten, LCSW</b>  <b>Nicki Ziegler, MSW</b>          8 Essex Center Dr          Suite #300          Peabody, MA 01960          (978)334-2967  <a href="mailto:Elliema18701@elliementalhealth.com">Elliema18701@elliementalhealth.com</a>  <a href="http://www.Elliementalhealth.com/locations/Peabody-ma/">www.Elliementalhealth.com/locations/Peabody-ma/</a></p>	<p><b>Accepted Insurance:</b>          Aetna, BCBS, Optum, United Healthcare/UBH, Tufts</p>

<p><b>Ellie Mental Health</b>  <b>Chelmsford Location</b>  <b>Jamie Williamson, MSW</b>  1 Meeting House Road  Chelmsford, MA 01824  (978)485-4722  <a href="mailto:www.elliema22401@elliementalhealth.com">www.elliema22401@elliementalhealth.com</a>  <a href="http://www.elliementalhealth.com/locations/chelmsford-ma/">www.elliementalhealth.com/locations/chelmsford-ma/</a></p>	<p><b>Accepted Insurance:</b>  BCBS, Oxford, Optum, Surest, United Healthcare/UHC/UBH, UMR, Mass General Brigham, Harvard Pilgrim, Wellpoint/Unicare, Oscar, Tufts/Point32</p>
<p><b>Lifestance Lynnfield Location</b>  <b>In person &amp; telehealth</b>  <b>Tiffany Tremblay, PsyD</b>  6 Kimball Lane  Suite 305  Lynnfield, MA 01940  (866)972-9476</p>	<p><b>Accepted Insurance:</b>  Aetna, BCBS, Carelon (Beacon), Evernorth (Cigna), Optum, United Healthcare, Tufts</p>
<p><b>Lifestance Woburn Location</b>  <b>In person &amp; telehealth</b>  <b>Rebecca, Zafran, LICSW</b>  12 Alfred Street  Suite 200  Woburn, MA 01801  (888)423-0675  <a href="http://Lifestance.com/provider/therapist/ma/Woburn/Rebecca-zafran/">Lifestance.com/provider/therapist/ma/Woburn/Rebecca-zafran/</a>  <b>Shauna Gorham, LCSW</b>  <b>In person &amp; telehealth</b>  <b>18+</b>  <a href="http://Lifestance.com/provider/therapist/ma/Woburn/shauna-gorham/">Lifestance.com/provider/therapist/ma/Woburn/shauna-gorham/</a></p>	<p><b>Accepted Insurance:</b>  Aetna, BCBS, Centivo, Humana, Optum, United Healthcare, Provider Network of America, Tufts, Behavioral Health Systems, Carelon (Beacon), Evernorth (Cigna), Multiplan (PHCS), Partners Direct Health, Sana Benefits.</p> <p><b>Accepted Insurance:</b>  Aetna, Carelon (Beacon), Optum, United Healthcare, BCBS, Cigna, Evernorth, Tufts</p>
<p><b>Merrimack River Wellness</b>  <b>Lisa Dube, LICSW</b>  Group &amp; Family Therapy only  <b>NO openings for individual therapy</b>  51 Pleasant Street  Newburyport, MA 01950  (978)306-2850  <a href="mailto:ldube@merrimackriverwellness.com">ldube@merrimackriverwellness.com</a>  <a href="http://www.merrimackriverwellness.com">www.merrimackriverwellness.com</a></p>	<p><b>Accepted Insurance:</b>  Mass General Brigham, BCBS, Harvard Pilgrim, Tufts Commercial, United Behavioral Health, Optum, Surest.</p> <p><b>Accepted MA Medicaid Plans:</b>  Mass General Brigham Health Plan, MBHP, Tufts Health Together, Wellsense</p>



## LGBTQIA+ THERAPISTS

### NEW HAMPSHIRE

<p><b>Bodhi Counseling Services</b>          Offices in NH:          Londonderry, Concord, Lebanon, Bedford.          Telehealth available          Several therapists specialize in the LGBTQIA+ population in different locations:  <b>Concord:</b> Leigh Moniz, MSW  <b>Londonderry:</b> Bridget Parece-Grogan, MSW  <b>Londonderry:</b> Natalie Clark, MA, MTR-BC</p>	<p><b>Accepted Insurance:</b>          Aetna, Amerihealth Caritas, Anthem Blue Cross Blue Shield, Cigna, Harvard Pilgrim, Optum, Tufts, Unicare, United Healthcare, Vermont Medicaid, Wellsense</p>
<p><b>Equality Health Center</b>  <b>Kallum Houlker, LCMHC</b>          Pre-teen, teen, adults          In person &amp; telehealth          38 S. Main Street          Concord, NH          603-225-2739  <a href="https://equalityhc.org/behavioral-health/">https://equalityhc.org/behavioral-health/</a></p>	<p><b>Accepted Insurance:</b>          BCBS, Harvard Pilgrim, United Healthcare, Cigna, Point 32, NH Medicaid, NH Healthy Families, Wellsense, Amerihealth Caritas, Ambetter, and more.</p>
<p><b>Lifestance Exeter Location:</b>  <b>Tessa Smith, PsyD</b>          Ages 15+          24 Front St, Suite 100          Exeter, NH 03833          855-516-6333  <a href="https://lifestance.com/provider/psychologist/nh/exeter/tessa-smith/">https://lifestance.com/provider/psychologist/nh/exeter/tessa-smith/</a></p>	<p><b>Accepted Insurance:</b>          Aetna, Behavioral Health Systems (BHS), Carenton (Beacon)Centivo, Elevance Health (Anthem BCBS), Evernorth (Cigna), Humana, MediNcreas Health Plans (MHP), MultiPlan (PHCS), Optum (UnitedHealthcare), Partners Direct Health, Provider Network of America (PNOA), Sana Benefits, Tufts</p>

<p><b>Lifestance Exeter Location Continued...</b>  <b>Alfred-John Diamonti, PhD</b>  <b>Ages 11+</b>  24 Front St, Suite 100  Exeter, NH 03833  855-516-6333  <a href="https://lifestance.com/provider/psychologist/nh/exeter/alfred-john-diamonti/">https://lifestance.com/provider/psychologist/nh/exeter/alfred-john-diamonti/</a></p>	<p><b>Accepted Insurance:</b>  Aetna, Behavioral Health Systems (BHS), Carelon (Beacon),Centivo, Community Health Options (CHO), Elevance Health (Anthem BCBS),Evernorth (Cigna),Humana, MediNcrease Health Plans (MHP), MultiPlan (PHCS), Optum (UnitedHealthcare), Partners Direct Health Provider Network of America (PNOA), Sana Benefits, Tricare East (Humana Military),Tufts, US Family/Martin Point Health Plan</p>
<p><b>Lifestance Nashua Location</b>  <b>R. Sloane Franklin, LICSW</b>  <b>Ages 15+</b>  15 Trafalgar Square, Suite 202  Nashua, NH 03063  866-922-4787  <a href="https://lifestance.com/provider/therapist/nh/peterborough/r-sloane-franklin/">https://lifestance.com/provider/therapist/nh/peterborough/r-sloane-franklin/</a></p>	<p><b>Accepted Insurance:</b>  Aetna,Behavioral Health Systems (BHS),Carelon (Beacon),Centivo, Community Health Options (CHO), Elevance Health (Anthem BCBS),Evernorth (Cigna), Humana, MediNcrease Health Plans (MHP), MultiPlan (PHCS),Optum (UnitedHealthcare),Partners Direct Health Provider Network of America (PNOA),Sana Benefits, Tricare East (Humana Military)Tufts, US Family/Martin Point Health Plan</p>
<p><b>Lifestance Manchester Location</b>  <b>Edgar Hartford, PsyD</b>  <b>Ages 11+</b>  15 Nelson Street, 2nd Floor  Manchester, NH 03103  888-494-0622  <a href="https://lifestance.com/provider/psychologist/nh/manchester/edgar-hartford/">https://lifestance.com/provider/psychologist/nh/manchester/edgar-hartford/</a></p> <p><b>Kate McClain, LICSW</b>  <b>Ages 15+</b>  888-494-0622  <a href="https://lifestance.com/provider/therapist/nh/manchester/kate-mcclain/">https://lifestance.com/provider/therapist/nh/manchester/kate-mcclain/</a></p>	<p><b>Accepted Insurance:</b>  Aetna, Behavioral Health Systems (BHS),Carelon (Beacon),Centivo, Community Health Options (CHO),Elevance Health (Anthem BCBS), Evernorth (Cigna), Humana, MediNcrease Health Plans (MHP), MultiPlan (PHCS), Optum (UnitedHealthcare), Partners Direct Health Provider Network of America (PNOA), Sana Benefits, Tricare East (Humana Military)Tufts, US Family/Martin Point Health Plan</p>