



Care in your community

Newburyport Lower Level 978-465-7121

Newburyport Upper Level 978-388-9880

Haverhill 978-373-6557

Visit our website: [WWW.CHCMASS.COM](http://WWW.CHCMASS.COM)



## Therapists & Counselors

NH Providers

### Boyd Lake Counseling

\*Accepting new patients, has a waitlist  
Mention Children's Healthcare referred you

23 Atkinson Depot Rd. Suite 101

Plaistow, NH

AND

61 Rte. 27 Suite 10

Raymond, NH

(603) 244-5355

<https://www.boydlakecounseling.com>

**Ages 4+**

Aetna, Ambetter, Anthem/Elevance, BCBS, Cenpatico, Cigna & Evernorth, Harvard Pilgrim, NH Healthy Families, Optum, Tufts, United Healthcare UHC/UBH

### Jamie Faulhaber, LCMHC

Telehealtho

only Derry,

NH Ages: 6-

21

Insurances: Cigna, Aetna, Optum, Harvard Pilgrim, United Healthcare

207-518-8296

### Choices Counseling

Private & Medicaid insurance accepted including BCBS, Harvard Pilgrim, United Healthcare (call for more information)

80 Nashua Road

Londonderry, NH 03053

(603) 818-8926

### Janice M. Long, LICSW

2 Wall Street, Suite 300

Manchester, NH 03103

(603) 668-4111

<https://www.mhcgcm.org/our-programs/child-teen-services/>

### Collaborative Counseling Solutions, PLLC

#### Timothy Wight, LICSW

116 South River Rd. Building E, Unit 1

Bedford, NH 03110

603-637-1963

<https://www.ccsolutionspllc.org/> Insurance accepted: BCBS, Anthem, Cigna, United, Harvard Pilgrim, Optum, Tufts

### Just for You Counseling

130 Main St, Suite 204

Salem, NH 03079

<https://justforyoucounseling.com>

**Ages 10 +**

Many commercial plans + NH Healthy Families And Medicare (with in-network supplemental/secondary insurance)

### Ellie Mental Health

Several counselors each with different specialties & age preferences

2 Manor Parkway, Suite 2

Salem, NH 03079

(603) 634-8535

[Ellienh18001@elliementalhealth.com](mailto:Ellienh18001@elliementalhealth.com)

Aetna, Ambetter, Anthem/Carelon, BCBS, Cigna, Harvard Pilgrim, NH Healthy Families, Optum, Tri-Care, Tufts, United Healthcare, Wellsense

### Kristen Trapane, LICSW

1 Middle St. Portsmouth, NH 03801

603-303-2090

Ages 6+

Insurance: Self pay or NH Health Families

<p><b>Harmonic Solutions</b>  Niels York, LICSW  Hampton, NH  603-810-8320  All Ages  Insurances: Aetna, Beacon, Cenpatico, Cigna, Harvard Pilgrim, Medicaid, NH Healthy Families, Optum, United, Well Sense</p>	<p><b>Life Stance</b>  Bedford, Concord, Dover, Exeter, Londonderry, Manchester, Nashua, Peterborough, Portsmouth, Salem, NH &amp; telehealth  Insurances: Aetna, Community Health Options, ComPsych, Anthem, Cigna, Humana, MediNcrease Health Plans,, PHCS, Optum, United, Tricare, Tufts, US Family/MPHP  <a href="https://lifestance.com/">https://lifestance.com/</a></p>
<p><b>Katelyn Gelineau, LCMHC</b>  426 Middle St.  Portsmouth, NH (978)  225-0897  katelyngelineau.com  Ages 13+ only  BCBS, Optum, Harvard Pilgrim</p>	<p><b>Marni C. Tocman, LICSW</b>  Private insurance accepted (not Aetna)  1D Commons Drive, Unit 23  Londonderry, NH 03053  (603) 437-3535</p>
<p><b>Olde Port Counseling</b>  406 The Hill  Portsmouth, NH  603-531-8811  Many providers and each accept different insurances  <a href="https://oldeportcounseling.com/contact/">https://oldeportcounseling.com/contact/</a></p>	<p><b>Partners in Family Wellness</b>  *Accepting new patients, has a waitlist  Ages 4+  Aetna, BCBS, Cigna, NH Medicaid, Tufts, United 15 Ermer Road, Suites 206 &amp; 208  Salem, NH 03079  (603) 898-3388</p>
<p><b>Rachel Boles</b>  34 Crystal Ave  Derry, NH 03038  (917) 833-3125  <a href="http://www.rachelboles.com">www.rachelboles.com</a>  Ages 6-10 + teens &amp; family therapy  NH Medicaid, Anthem, BCBS</p>	<p><b>Positive Youth Concepts</b>  24 Front Street, Suite 302  Exeter, NH 03833  (603) 418-7480  <a href="http://www.positiveyouthconcepts.com">www.positiveyouthconcepts.com</a>  <b>Ages 6-10</b>  Anthem/Elevance, BCBS, Cigna &amp; Evernorth, Harvard Pilgrim, Optum, Tufts</p>
<p><b>Salem Psychological Associates</b> Private &amp; Medicaid insurance accepted  87 Stiles Road, #106  Salem, NH 03079  (603) 893-7700  <a href="https://salempsychoassociates.com/">https://salempsychoassociates.com/</a></p>	<p><b>Roclyn Porter</b>  Hampstead, NH 03841  (603) 326-7478  <a href="https://www.psychologytoday.com/us/therapists/roclyn-porter-hampstead-nh/307292">https://www.psychologytoday.com/us/therapists/roclyn-porter-hampstead-nh/307292</a></p>
<p><b>Seth Wizler, LCMHC</b>  18 Maplewood Ave.  Portsmouth, NH 03801  603-244-3370  ages 8+  Anthem, Beacon, BCBS, Cigna, Coventry, First Health, Great-West Life, Humana, Martin’s Point, Multiplan, MVP Health care, PHCS Network, Tricare, Tufts</p>	<p><b>Seacoast Mental Health Center</b>  Child, Adolescent, &amp; Family Services  1145 Sagamore Avenue  Portsmouth, NH 03801  (603) 431-6703  <b>AND</b>  30 Magnolia Lane  Exeter, NH 03833  (603) 772-2710</p>

**Swallowtail Counseling, PLLC**

Loni Rowe, LICSW

24 Front St. Exeter, NH 03833

[lonirowe@swallowtailcounseling.com](mailto:lonirowe@swallowtailcounseling.com)

978-572-0292

Insurance accepted: Anthem, Optum, Cigna, Tufts,  
Harvard Pilgrim

Ages: 12+

**Tradeport Counseling and Mediation Associates**

200 International Dr.

Portsmouth, NH

603.957.1877

[tradeportcounseling@gmail.com](mailto:tradeportcounseling@gmail.com)

Anthem, Cigna, Harvard Vanguard, Optum, UBH, Aetna

***\*Please contact your insurance to verify that any specialist is in-network with your plan.***

**If your plan requires a referral, please contact our referral department at 978-499-8657.**