



Care in your community

Newburyport Lower Level 978-465-7121

Newburyport Upper Level 978-388-9880

Haverhill 978-373-6557

Visit our website: **WWW.CHCMASS.COM**



Eating Disorders Centers/Therapists

Behavioral Nutrition

Sarah Chau, RD, LD

Clinical outpatient dietitian – Binge Eating Program

Telehealth/outpatient

603-288-8680

<https://behavioralnutrition.org/new-hampshire-binge-eating-treatment/>

Blue Cross Blue Shield, Cigna, Aetna, Harvard Pilgrim, United Health Care, Tufts, Tricare, Trustmark

National General

Cambridge Eating Disorder Center (CEDC)

Inpatient & outpatient programs in MA center

3 Bow Street

Cambridge, MA 02138

888.900.CEDC(2332)

<https://www.eatingdisordercenter.org/massachusetts-treatment-center/>

Accepts most major insurances in addition to the following Medicaid programs:

BMC HealthNet (MassHealth)

Commonwealth Care Alliance (MassHealth)

Fallon Health (MassHealth)

Tufts Health Plan (MassHealth)

Wellsense (MassHealth)

CEDC NH Facility:

Partial hospitalization and Intensive outpatient programs

105 Loudon Rd., Building #2

Concord, NH 03301

603.715.5150

<https://www.eatingdisordercenter.org/new-hampshire-treatment-program/>

Children's Hospital Boston

Inpatient & outpatient programs

Leave a message & a representative will be in contact to do intake via email

617-355-7178

333 Longwood Avenue

Boston, MA 02115

<https://www.childrenshospital.org/programs/eating-disorders-program>

Monte nido

8 locations in person & virtual in MA

Accepts most major insurances, please call or see website for details.

<https://www.montenido.com/locations/state/massachusetts>

Medford: Inpatient Adult

Dedham: Inpatient Adult & adolescents

Waltham: Day program adult & adolescents

Westborough: Day program adult & adolescents

Virtual ARFID Program: Adolescents

Virtual Binge Eating Disorder Program: 18+

Virtual Partial Hospitalization & Intensive Outpatient Programs: Adults and adolescents

Virtual Rainbow Road LGBTQIA Program: 18+

New Hampshire Virtual Programs:

Virtual ARFID Program: Adolescents

Virtual Binge Eating Disorder Program: 18+

Virtual Partial Hospitalization & Intensive Partial Hospitalization Program: Adults & adolescents

Virtual Rainbow Road LGBTQIA Program: 18+

<https://www.montenido.com/locations/state/new-hampshire>

Maclean Hospital: Klarmen Eating Disorders Center (KEDC)

Inpatient & Partial Hospitalization

Ages 18-28

115 Mill Street

Belmont, MA 02478

857.837.2498

<https://www.mcleanhospital.org/treatment/klarman>

Most major insurances accepted as well as some MassHealth plans & Wellsense. See link below for a full list.

<https://www.massgeneralbrigham.org/en/patient-care/patient-visitor-information/billing/insurance>

Newport Academy

Inpatient

Teens

Opening soon on Cape Cod.

1140 MA-28A

Cataumet, MA 02534

877-401-1503

<https://www.newportacademy.com/locations/female-residential-massachusetts/>

Many insurances accepted, please see website or call to see if your plan is one of them.

Reflections Eating Disorder Treatment Center at Parkland Medical Center

Ages 15+

Outpatient Program

31 Stiles Rd #1500

Salem, NH 03079

(603) 890-2724

Accepts all major insurances, cannot accept any MA Medicaid products.

<https://parklandmedicalcenter.com/specialties/eating-disorders/>

Renfrew Center

Outpatient Program

Day treatment, Intensive outpatient program, virtual, group, and family therapy

870R Commonwealth Avenue

Boston, MA 02215

1-800-RENFREW

Accepts over 400 insurance plans, please call to see if your plan is included.

<https://renfrewcenter.com/locations/boston-ma/>

Walden Behavioral Care (now part of the Monte nido Group)

Inpatient, Partial hospitalization, Intensive Outpatient Program, Virtual Programs

(888) 228-1253

Inpatient Facility:

Ages 11-18

10 Carematrix Drive

Dedham, MA 02026

Adolescent Partial Hospitalization Program (PHP): Virtual or in person at the Waltham location

Waltham Location:

69 Hickory Drive

Suite 2000

Waltham, MA 02451

Adolescent Intensive Outpatient Program (IOP): Virtual or in person at the Waltham location

Accepts many insurances, please call to see if your plan is included.

<https://www.waldeneatingdisorders.com/locations/massachusetts-locations/>

***Please contact your insurance to verify that any specialist is in-network with your plan.**

If your plan requires a referral, please contact our referral department at 978-499-8657.

Eating Disorder Therapists

Actualize Counseling & Nutrition

Therapy & Nutritional Counseling

In person

781-999-4975

30 Standish Rd

Arlington, MA, 02476

Email: Kevin@actualizecounseling.com

Website: <http://actualizecounseling.com/>

Accepts most insurance plans. Please call or email Kevin to see if your plan is one of them.

Ellie Mental Health

Katrina Broadbent, LICSW

In person or virtual

2 Mount Royal Avenue

Marlborough, MA 01752

508-590-9857

<https://elliementalhealth.com/locations/marlborough-ma/>

Accepting: Aetna, Allways Health, Blue Cross Blue Shield, Harvard Pilgrim, Optum, Self-Pay

Tufts Commercial, United Behavioral Healthcare

Empower Me Counseling

Megan Drake-Stillman, LMHC

MA & NH

Telehealth

978.206.1522

<https://www.empowermecounselingservices.com/>

Self-pay: \$150 per session

Angela Veri Babuschak, MA, RDN, LDN

Eating Disorder/Disordered Eating Nutrition Therapist

Registered Dietitian

Certified Intuitive Eating Counselor

Telehealth

angela@flourish-therapy-center.com

Accepting BCBS, in process of credentialing with Tufts, Harvard Pilgrim Health and Optum.

Alex Maranto, LMHC

In person & telehealth

Washington Street

Salem, MA 01970

978-525-0340

Accepting: BCBS, Aetna, Tufts Commercial, Optum, United Healthcare, Health Plans Inc.

<https://www.psychologytoday.com/us/therapists/alex-maranto-salem-ma/381320>

****Please contact your insurance to verify that any specialist is in-network with your plan.***

If your plan requires a referral, please contact our referral department at 978-499-8657.