



Care in your community

Newburyport Lower Level 978-465-7121
Newburyport Upper Level 978-388-9880
Haverhill 978-373-6557

Visit our website: **WWW.CHCMASS.COM**



Psychiatry

**Psychiatric Crisis Team – Emergency
Lahey Behavioral health
Haverhill, MA 978-521-7777**

Lahey Clinic sees children ages 5-17 years of age walk-in only 8-10 am Tuesdays and Wednesdays. Ages 18 and older walk-in available Mondays and Thursdays 8-10 am. The clinic serves as walk-in therapy and if after several visits' possible medication management. If that is the case, patients will be put on medication management waiting list.

12 Methuen Street, 3rd Floor Lawrence, MA 978-683-3128

Advanced Mental Health and Wellness, PLLC

Jennifer Macneil PMHNP-BC

Teenagers & adults

42 Pleasant St, Newburyport, Massachusetts 01950, United States

Phone Number: 978-255-4871

Email: jennifer@advancedmentalhealthandwellness.com

Blue Cross and Blue Shield, Allways Health Partners

Cigna, Fallon, Harvard Pilgrim, Tufts

United Behavioral Health, Optum Health,

*Medicaid and Medicare, Beacon Health, Mass Health
WellSense

Arbour Counseling Services

Therapy & Medication Management

116 Summer Street, Haverhill MA 01830

978-373-7010

<https://arbourhealth.com/treatment-services/outpatient-counseling/>

Accepts Aetna, BCBS, BMC, Fallon, HPHC, UBH & more

Please contact for complete, updated list.

Lisa Barreto-D'Silva, MD

Department of Psychiatry, Salem Hospital

57 Highland Avenue

Salem, MA 01970

(978) 354-270

https://salem.massgeneralbrigham.org/psychiatry/child_psychiatry

Aetna, Beech Street, BCBS, Blue Cross Blue Shield Behavioral Health, Medicare, Commonwealth Care Alliance, Fallon, Harvard Pilgrim, Humana, Maine Community Health Options, Mass General Brigham Health Plan, Massachusetts Behavioral Health Partnership, MassHealth, Medicare Multiplan/Private Healthcare Systems Railroad, TriCare Prime, TriCare Standard, Tufts

Christine Bourgeois CPNP, PMHNP-PC

Saturdays only

Ages 7-25

Andover, MA 01810 E-mail: cbourgeoispmhnp@gmail.com

Tel: 781-205-9105

Blue Cross Blue Shield of MA, Tufts Commercial Plans (HMO/PPO),
Harvard Pilgrim & private pay

Ruxandra Carp

Telehealth only

All ages

<https://www.psychologytoday.com/us/psychiatrists/ruxandra-carp-winchester-ma/160551>

BCBS, HPHC, Optum, Aetna

Ferncroft Behavioral Health

Ages 5+

175 Andover St. Suite 203, Danvers, MA 01923

978-606-0011

Please fill out intake form here: <https://ferncroftbh.com/>

Harvard Pilgrim, United Healthcare, Optum, Cigna, Aetna

BCBS, Tufts, Mass General Brigham

InStride Health

Telehealth only

Ages 7-22

Email: info@instride.health

Phone: (855) 438-8331

<https://instride.health/>

Specialty Outpatient Care for Pediatric Anxiety and OCD

All Patients must have OCD or anxiety as their primary diagnosis.

Amerihealth, Anthem BCBS (including Empire), Blue Cross Blue Shield of Massachusetts, Blue Cross Blue Shield of Rhode Island, ConnectiCare, Emblem Health, Group Health Incorporated (GHI), Harvard Pilgrim, Horizon Blue Cross Blue Shield of New Jersey, Independence Blue Cross, Mass General Brigham Health Plan, NYSHIP, Optum, Oscar, Oxford, UnitedHealthcare, and Wellpoint (UniCare).

Lifescape

Children & adolescents

In person & telehealth

Many locations throughout MA & NH

Most commercial insurances, plus MassHealth. See website for full list of insurances accepted. <https://lifescape.com/services/child-and-adolescent-psychiatry/>

Mass General Hospital

***Must be a patient of MGH**

Yawkey Center for Outpatient Care

Fruit Street, Suite 6A Boston, MA 02114

Phone: 617-724-5600

<https://www.massgeneral.org/children/child-psychiatry> Aetna,

BCBS, Cigna, Commonwealth Care Alliance, Coventry/First

Health, Fallon, HPHC, Health New England, MassHealth, Mass

General Brigham, Multiplan, Tricare,

Tufts (commercial & public) United, Wellpoint, Wellsense (NH

& MA)

The Mental Health Center of Greater Manchester

2 Wall Street Suite 200, Manchester, NH 03101

(603) 668-4111

<https://www.mhcgm.org/our-programs/child-teen-services/>

Accepts most insurances including Medicare, Medicaid and NH Healthy Families. Please contact for more information.

Northeast Health Services

Children & adolescents

Many locations throughout MA 617.466.7479

<https://nehs.transformationsnetwork.com/children/> Optum,

Cigna, Aetna, Tricare, Tufts, Carelon, Medicare,

BCBS, United Healthcare, Fallon, MassHealth, Wellsense, MBHP,

Unicare, Harvard Pilgrim

North Shore Counseling Center

Ages 16+

100 Cummings Center, Suite 307-E

Beverly, MA 01915

978-922-2280

<https://www.nsccl-inc.com/medication-clinic/>

Aetna, BCBS, Cigna, Fallon, Harvard Pilgrim, Mass General Brigham,

MassHealth, Wellsense, MBHP, Unicare.

Portsmouth Regional Hospital**Psychiatry**

333 Borthwick Ave, Portsmouth, NH 03801

(603) 433-5270

<https://portsmouthhospital.com/specialties/behavioral-health/>

Accepts all major insurances & NH Healthy Families. Please call to verify they take your insurance.

Psychological Associates of Lynn**J. Phillip Reimherr, MD**

173 Oxford Street

Lynn, MA 01901

781-268-2200

info@paloflynn.com

Telehealth only

Ages 3 and older

Practice includes 3 Advanced Practice Psychiatric Nurses and Physician's Assistant who can prescribe medications:

Elizabeth Reimherr, PNMHCS

Sheryl Rosen, PNMHCS

Nicole Gesamendo, PMHNP-BC

Hillary Du, PA-C

Accepts most major insurances + Medicaid and Medicare

Safe Harbor Psychiatry

Telehealth only

Ages 6+

112 Parker Street,

Newburyport, MA 01950

978-518-2880

https://www.safeharborpsych.com/?utm_source=gmb_auth

Blue Cross & Blue Shield or Self-Pay

Department of Psychiatry, Salem Hospital

57 Highland Avenue

Salem, MA 01970

(978) 354-2700

<https://salemDoctors.massgeneralbrigham.org/?orgunits=14>

Accepts most insurances including MassHealth, and Wellsense (MA & NH). See website for complete list.

Liz Soccorso, APRN North**Shore Psychiatry 100**

Conifer Hill Drive Suite 501

Danvers, MA 01923

978-922-8600.

nspc@nspsychcenter.com **SELF PAY ONLY**

Somerstrust Psychological Associates**Heather Slack, PMHNP**

Ages 13+ 873 Turnpike St. North Andover MA

(978) 688-8004

<https://somerstrust.com/>**Must attend Parent Consult first (this appointment is self-pay)**

Harvard Pilgrim, BCBS, United Healthcare, MassHealth

Tufts Child and Adolescent Psychiatry

755 Washington Street

Boston, MA 02111

Several locations

617-636-5731

<https://www.tuftsmedicine.org/services-treatments/pediatrics/psychiatry-child-adolescent#doctors>

Accepts most major insurances and MassHealth. Call or visit website for more info.

Please contact your insurance to verify that any specialist is in-network with your plan.**If your plan requires a referral, please contact our referral department at 978-499-8657***