



*Care in your community*

Newburyport Lower Level 978-465-7121

Newburyport Upper Level 978-388-9880

Haverhill 978-373-6557

Visit our website: [WWW.CHCMASS.COM](http://WWW.CHCMASS.COM)



## Therapist & Counselors

### Massachusetts

**Psychiatric Crisis Team (EMERGENCY) 978-521-7777**

**Lahey Behavioral Health**

**Haverhill, MA**

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**Amesbury Psychological**

**Mindy Clafin, LICSW**

**Marvelien Zampbell, LICSW**

24 Morrill Place

Amesbury, MA 01913

978-388-5700

Most major insurances, Mass Health, NHP

Anxiety Disorders, Behavior Disorders, ADHD, Social Phobias,  
Adolescent Behavioral Issues

Ages 3+

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**Kacie Biddle, LMHC**

65 Newburyport Turnpike

Newbury, MA 01951

978-378-5025

BCBS, Tufts

Ages 12+

Wide variety of issues including sexual orientation and gender  
identity

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**Arbour Counseling Services**

116 Summer Street

Haverhill, MA 01830

978-373-7010

Ext. 204

Aetna, BC/BS, BMC, Fallon, HPHC, NHP, Tufts, Network Health,  
United Behavioral Health

ADHD, Behavior Disorders, Eating Disorders, Mood Disorders,  
Expressive Therapy

All Ages

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**Mary Carol Alfred, LMHC, PSY.D**

200 Merrimack Street #303

Haverhill, MA 01830

978-373-8090 Ext. 1

Most major insurances, Mass Health, Neighborhood Health  
Plan

Ages 8+

Trauma, Anxiety, ADHD, Depression

Weekday and Saturday Appts.

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**Harborside Counseling**

143 State Street

Newburyport, MA 01950

978-462-7057

Fallon, NHP, BMC, Tufts, Network Health, BC/BS

Ages 5+

Anxiety, Depression, Transition, Divorce, Death, Grief

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**Mark Bezanson, LICSW**

5 Market Square

BC/BS, Harvard Pilgrim, United Behavioral Health, Tufts,

Optum, MBHP

***\*Please contact your insurance to verify that any specialist is in-network with your plan.***

**If your plan requires a referral, please contact our referral department at 978-499-8657.**

Amesbury, MA 01913  
978-705-6097

Ages 10+  
Anxiety, Asperger's, Bipolar Disorder, Depression, Divorce,  
Self-Esteem, Self-Harming, Video Game Addiction

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**Amy Blatchford, LCMHC**  
One Middle Street #205  
Portsmouth, NH 03801  
617-381-4496

Aetna, BC/BS, Harvard Pilgrim, Tufts  
Ages 11+  
Anger, Divorce, Grief, OCD, School Issues, Self-Esteem,  
Trauma, PTSD, Sexual Abuse, Mood Disorders

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**Sherry Bonder, LICSW**  
150 Merrimac Street  
Newburyport, MA 01950  
978-462-7046

BC/BS, Aetna, Magellan Behavioral Health, Beacon, United  
Ages 14+  
Behavioral Health, Neighborhood Health Plan  
CBT, Anxiety, Peer Problems, Social Skills, ADHD

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**Elizabeth Buckley, LICSW**  
451 Andover Street #185  
N. Andover, MA 01845  
781-990-2280

BCBS, MBHP (Include some MassHealth Plans)  
Ages 4+  
Anxiety, Depression, Bipolar, Divorce, Peer Issues, Self-  
Harming, Crisis

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**Ruth Cabrera, LMHC**  
5 Wallace Street  
Methuen, MA 01844  
978-870-4179

Fallon, BCBS, Tuft, Unicare  
Ages 12+  
ADHD, Depression, Trauma, PTSD, Mood Disorder, Weight  
Loss, Transgender  
*\*Fluent in Spanish*

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**Seacoast Counseling of Newburyport**  
**Donna Devlin, LICSW**  
10 Prince Place, Suite 208  
Newburyport, MA 01950  
978-914-3679

Aetna, BCBS, Cigna, Tufts, Beacon, HPHC, Optum  
Ages 13+  
Anxiety, Depression, Peer Issues, Social Skills, CBT

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**NFI Massachusetts**  
76 Winter Street  
Haverhill, MA 01830  
978-3737-1181

Accepts most insurances  
Ages 2-21  
Wide variety of behavioral programs (family counseling,  
individual counseling, mental health & substance abuse  
services)

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**Seascape Therapeutic Counseling**  
Paula Garrant, LICSW  
19 Central Street  
Byfield, MA 01922  
978-504-0844

Call to discuss insurance details  
Ages 6- Adult  
Depression, Anxiety, Loss, Grief, Trauma, Bipolar Disorder

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**Kelli A Fowle, LICSW**  
110 Haverhill Road  
Amesbury, MA 01913  
989-998-5665  
Kannf09@gmail.com

BCBS, HPHC, Aetna

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**Mark Bezanson, LICSW**  
5 Market Square  
Amesbury, MA 01913  
978-705-6097

Allways Health, American Behavioral, BCBS, Commonwealth  
Care Alliance, Commonwealth Care One, HPHC, Optum,  
MBHP, MassHealth, Tufts, etc.  
Ages 10+

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Child or Adolescent, Marital, and Premarital, Trauma and PTSD, Bipolar, Suicidal Ideality, Schizophrenia, Gender Identity

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Barbara, Main, LMHC  
110 Haverhill Road  
Amesbury, MA 01913  
978-378-3108

BCBS, HPHC  
Ages 6+  
Anxiety, Depression, Teen Struggles

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Katrina Kotler, LMHC  
110 Haverhill Road  
Amesbury, MA 01913  
978-971-1280

BCBS, Tufts, Cigna, Beacon, Optum, HPHC  
Ages 12+  
ADHD, Anxiety, Anger Management, Depression, Emotion Regulation, Substance Abuse, CBT/DBT

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Family Counseling Associates  
12 Essex Street  
Andover, MA 01810  
978-222-3121

Please see website for all updates information:  
[www.fca.andover.com](http://www.fca.andover.com)

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Dr. Marina Vijayakanphan  
800 Turnpike Street, Suite 28  
North Andover, MA 01845  
978-794-5511

Self-Pay only  
Initial Child and Adult Psychiatric Evaluations, Psychotropic Medication Management, One-Time Psychiatric Consultations, Consultative Role with School (Preschool through College), Collaboration with Outpatient Providers as Needed, Individual Therapy with focus on supportive rapport-building, play, cognitive behavioral techniques and motivational interviewing, Telehealth appointments

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Aviv North Shore at Boston Polo Club  
240 Andover Street  
Georgetown, MA 01833

Please see website for all updated information: [www.aviv.life](http://www.aviv.life)  
Equine Therapy, Animal Assisted Therapy, Adventure Therapy

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Anne Y. Elshama, LICSW  
1 Meeting House Road, Suite 15  
Chelmsford, MA 01824  
978-337-9893

BCBS, Tufts  
Ages 9+  
Anger, Anxiety, Autism, Family Conflict, OCD, Stress, Sports Performance, School Issues

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The Artful Life Counseling Center and Studio, LLC  
142P Canal Street  
Salem, MA 01970  
978-548-6288 Ext. 800

Please see the website for all updated information:  
[www.artfullifecenter.org](http://www.artfullifecenter.org)

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