



Caring in Your Community

Newburyport (978) 465-7121

Upper Level (978) 388-9880

Haverhill (978) 373-6557

www.chcmass.com

DIPHENHYDRAMINE DOSING CHART

(Benadryl Allergy and other brands)

May be given every 6 hours, not to exceed 4 doses in 24 hours.
Do not give to infants under 6 months old without consulting us.

Weight	Dose	Children's Liquid (12.5 mg/5 mL)	12.5 mg Chewable or Fastmelt	25 mg Tablet
6-11 lbs	3.125 mg	1.25 mL (¼ tsp)		
12-17 lbs	6.25 mg	2.5 mL (½ tsp)		
18-23 lbs	9.375 mg	3.75 mL (¾ tsp)		
24-35 lbs	12.5 mg	5 mL (1 tsp)	1	
36-47 lbs	18.75 mg	7.5 mL (1½ tsp)	1½	
48-59 lbs	25 mg	10 mL (2 tsp)	2	1
60-71 lbs	31.25 mg	12.5 mL (2½ tsp)	2½	1
72-95 lbs	37.5 mg	15 mL (3 tsp)	3	1½
96+ lbs	50 mg	20 mL (4 tsp)	4	2