



Counselor/Therapist List (Massachusetts)

**Psychiatric Crisis Team- Emergency 978-521-7777
Lahey Behavioral Health Haverhill*

Pediatrics

Carolyn Thumser, M.D.
Lars Lundgren, M.D.
Stacey Sheehan, M.D.
Thomas Carmichael, M.D.
Eric Bucher, M.D.
Christine Riccardi, M.D.
Celeste Dunn, M.D.
Alta Tusini, M.D.
Jennifer Pollard, C.P.N.P.
Mary Elizabeth Meehan, C.P.N.P.
Jodi Cobb, C.P.N.P.
Terry Reardon-Pollini, C.P.N.P.
Michael Keaney, C.P.N.P.
Allison Niciu, C.P.N.P.
Angelina Comei, C.P.N.P.
Nicole DiLando, C.P.N.P.

Newburyport

257 Low Street
Newburyport, MA 01950

Lower Level

p. 978-465-7121
f. 978-462-5304

Upper Level

p. 978-388-9880
f. 978-388-4897

Haverhill

600 Primrose Street
Suite 200
Haverhill, MA 01830
p. 978-373-6557
f. 978-374-5096

Newburyport

Harborside Counseling

143 State Street

Newburyport, MA 01950

Phone: 978-462-7057

Website: www.harborsidecounseling.com

Specialties: Anxiety, Depression, Transition, Divorce, Death, Grief. **Ages 5+**

Accepted Insurances: varies per provider, view website for additional information

Seacoast Counseling of Newburyport

Donna Devlin, LICSW

10 Prince Place Suite 208

Newburyport, Ma 01950

Phone: 978-914-3679

Specialties: Anxiety, Depression, Peer Issues, Social Skills, CBT. **Ages 13+**

Accepted Insurances: Aetna, BCBS, Cigna, Tufts, Beacon, Harvard Pilgrim, Optum

Nancy Jean Eagan, LMHC

37A Pleasant Street Suite 3

Newburyport, Ma 01950

Phone: 978-255-3658

Specialties: Anxiety, Depression, OCD, ADHD, School Refusal, Trauma.

Accepts all ages

Accepted Insurances: BCBS, Optum, Allways, (Some Tufts and Aetna plans)

Haverhill

Arbour Counseling Services

116 Summer Street

Haverhill, MA 01830

Phone: 978-373-7010 Ext. 204

Specialties: ADHD, Behavior Disorders, Eating Disorders, Mood Disorders, Expressive Therapy. **Accepts all ages**

Accepted Insurances: All Masshealth products and commercial products EXCEPT for Cigna, Tricare and Health New England





Pediatrics

Carolyn Thumser, M.D.
Lars Lundgren, M.D.
Stacey Sheehan, M.D.
Thomas Carmichael, M.D.
Eric Bucher, M.D.
Christine Riccardi, M.D.
Celeste Dunn, M.D.
Alta Tusini, M.D.
Jennifer Pollard, C.P.N.P.
Mary Elizabeth Meehan, C.P.N.P.
Jodi Cobb, C.P.N.P.
Terry Reardon-Pollini, C.P.N.P.
Michael Keaney, C.P.N.P.
Allison Niciu, C.P.N.P.
Angelina Comei, C.P.N.P.
Nicole DiLando, C.P.N.P.

Newburyport

257 Low Street
Newburyport, MA 01950

Lower Level

p. 978-465-7121
f. 978-462-5304

Upper Level

p. 978-388-9880
f. 978-388-4897

Haverhill

600 Primrose Street
Suite 200
Haverhill, MA 01830
p. 978-373-6557
f. 978-374-5096

NFI Massachusetts

76 Winter Street
Haverhill, MA 01830
Phone: 978-373-1181
Fax: 978-374-7605

Website: <https://www.nfima.org/>

Specialties: Wide variety of behavioral programs (family counseling, individual counseling, mental health & substance abuse services). **Ages 2-21**

Accepted Insurances: Accepts most insurances.

Byfield

Seascope Therapeutic Counseling

Paula Garrant, LICSW

19 Central Street
Byfield, MA 01922
Phone: 978-504-0844

Website: seascapetherapeuticcounseling.com

Specialties: Depression, Anxiety, Loss, Grief, Trauma, Bipolar Disorder.
Ages 6-Adult

Accepted Insurances: Call to discuss insurance details, Only takes out of network, is willing to work with any family financially.

Amesbury

Mark Bezanson, LICSW

5 Market Square
Amesbury, MA 01913
Phone: 978-705-6097

Specialties: Child or Adolescent, Marital and Premarital, Trauma and PTSD, Bipolar, Suicidal Ideality, Schizophrenia, Gender Identity. **Ages 10+**

Accepted Insurances: AllWays Health Partners, American Behavioral, BCBS, Commonwealth Care Alliance, Commonwealth Care One, Harvard Pilgrim/ Optum, Massachusetts Behavioral Health Partnership (MBHP), Masshealth Tufts, Medicare, Optum, Tufts, Tufts (comercial), United Behavioral Health/Optum, UnitedHealthcare, Out of Network

*Offers video and phone sessions

Barbara Main LMHC

110 Haverhill Road
Amesbury, MA 01913
Phone: 978-378-3108

Specialties: Anxiety, Depression, Teen Struggles. **Ages 6+**





Pediatrics

Carolyn Thumser, M.D.
Lars Lundgren, M.D.
Stacey Sheehan, M.D.
Thomas Carmichael, M.D.
Eric Bucher, M.D.
Christine Riccardi, M.D.
Celeste Dunn, M.D.
Alta Tusini, M.D.
Jennifer Pollard, C.P.N.P.
Mary Elizabeth Meehan, C.P.N.P.
Jodi Cobb, C.P.N.P.
Terry Reardon-Pollini, C.P.N.P.
Michael Keaney, C.P.N.P.
Allison Niciu, C.P.N.P.
Angelina Comei, C.P.N.P.
Nicole DiLando, C.P.N.P.

Newburyport

257 Low Street
Newburyport, MA 01950

Lower Level

p. 978-465-7121
f. 978-462-5304

Upper Level

p. 978-388-9880
f. 978-388-4897

Haverhill

600 Primrose Street
Suite 200
Haverhill, MA 01830
p. 978-373-6557
f. 978-374-5096

Accepted Insurances: BC/BS, Harvard Pilgrim

Katrina Kotler, LMHC

110 Haverhill Road
Amesbury, Ma 01913
Phone: 978-971-1280

Specialties: ADHD, Anxiety, Anger Management, Depression, Emotion Regulation, Substance Abuse, CBT/DBT. *Ages 12+*

Accepted Insurances: BCBS, Tufts, Cigna, Beacon, Optum, Harvard pilgrim

only offering Telehealth appointments at this time

Andover

Family Counseling Associates

12 Essex Street
Andover, MA 01810
Phone: 978-222-3121

*Please see website for all updated information: <https://www.fca-andover.com/>

Georgetown

Aviv North Shore at Boston Polo Club

240 Andover Street Georgetown, Ma 01833
Specialties: Equine Therapy, Animal Assisted Therapy, Adventure Therapy

*Please see website for all updated information: <https://www.aviv.life/>

Chelmsford

Anne Y. Elshama, LICSW

1 Meeting House Rd. Suite 15
Chelmsford, MA 01824
Phone: 978-337-9893
Fax: 888-419-9591

Specialties: Anger, Anxiety, Autism, Family Conflict, OCD, Stress, Sports Performance, School Issues. *Ages 9+*

Accepted Insurances: BCBS, Tufts

Salem

The Artful Life Counseling Center and Studio, LLC

142P Canal Street Salem, MA 01970
Phone: 978-548-6288 ext. 800
*Please see website for all updated information:
<https://www.artfullifecenter.org/>





Pediatrics

Carolyn Thumser, M.D.
Lars Lundgren, M.D.
Stacey Sheehan, M.D.
Thomas Carmichael, M.D.
Eric Bucher, M.D.
Christine Riccardi, M.D.
Celeste Dunn, M.D.
Alta Tusini, M.D.
Jennifer Pollard, C.P.N.P.
Mary Elizabeth Meehan, C.P.N.P.
Jodi Cobb, C.P.N.P.
Terry Reardon-Pollini, C.P.N.P.
Michael Keaney, C.P.N.P.
Allison Niciu, C.P.N.P.
Angelina Comei, C.P.N.P.
Nicole DiLando, C.P.N.P.

Newburyport

257 Low Street
Newburyport, MA 01950

Lower Level

p. 978-465-7121
f. 978-462-5304

Upper Level

p. 978-388-9880
f. 978-388-4897

Haverhill

600 Primrose Street
Suite 200
Haverhill, MA 01830
p. 978-373-6557
f. 978-374-5096

*Preferred contact by email: info@artfullifecenter.org

ONLINE COUNSELING

RAI Counseling Services, LLC (All appointments are telehealth)

*Please see website for all updated information:
<https://www.raicounseling.com/>

Donati Counseling, Inc. Professional Secure Online Counseling

*Please see website for all updated information:
<https://donaticounseling.com/>

Thriveworks

*Please see website for all updated information: <https://thriveworks.com/>
-This website offers onsite and online counseling with 150 locations. Fees depend on the location. They also accept insurance.

