

# Therapists and Counselors

*Psychiatric Crisis Team-Emergency 978-521-7777*  
*Lahey Behavioral Health Haverhill*

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**Amesbury Psychological**  
24 Morrill Place  
Amesbury, MA 01913  
978-388-5700  
Mindy Claflin, LICSW  
Maryelien Zampell, LICSW

Most major insurances, Mass Health, NHP  
Anxiety Disorders, Behavior Disorders, ADHD,  
Social Phobias, Adolescent Behavioral Issues  
Ages 3+

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**Kacie Biddle, LMHC**  
65 Newburyport Turnpike  
Newbury, MA 01951  
978-378-5025

BCBS, Tufts  
Ages 12+  
Wide variety of issues  
including sexual orientation and gender identity

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**Arbour Counseling Services**  
116 Summer Street  
Haverhill, MA 01830  
978-373-7010  
Ext. 204

Aetna, BC/BS, BMC, Fallon, HPHC, NHP, Tufts,  
Network Health, United Behavioral Health  
ADHD, Behavior Disorders, Eating Disorders,  
Mood Disorders, Expressive Therapy  
All Ages

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**Mary Carol Alfred, LMHC, PSY.D**  
200 Merrimack Street #303  
Haverhill, MA 01830  
978-373-8090 x1

Most major insurances, Mass Health,  
Neighborhood Health Plan  
Ages 8+  
Trauma, Anxiety, ADHD, Depression  
Week-day and **Saturday** Appts.

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**Harborside Counseling**  
143 State Street  
Newburyport, MA 01950  
978-462-7057

Fallon, NHP, BMC, Tufts, Network Health, BC/BS  
Ages 5+  
Anxiety, Depression, Transition, Divorce, Death, Grief

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**Mark Bezanson, LICSW**  
5 Market Square  
Amesbury, MA 01913  
978-705-6097

BC/BS, Harvard Pilgrim, United Behavioral Health,  
Tufts, Optum, MBHP  
Ages 10+  
Anxiety, Aspergers, Bipolar, Depression, Divorce,  
Self-Esteem, Self Harming, Video Game Addiction

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**Amy Blatchford, LCMHC**  
One Middle Street #205  
Portsmouth, NH 03801  
617-381-4496

Aetna, BC/BS, Harvard Pilgrim, Tufts  
Ages 11+  
Anger, Divorce, Grief, OCD, School Issues, Self-Esteem,  
Trauma, PTSD, Sexual Abuse, Mood Disorders

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**Sherry Bonder, LICSW**  
150 Merrimac Street  
Newburyport, MA 01950  
978-462-7046

BC/BS, Aetna, Magellan Behavioral Health, Beacon,  
United Behavioral Health, Neighborhood  
CBT, Anxiety, Peer Problems, Social Skills, ADHD  
Ages 14+

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**Elizabeth Buckley, LICSW**  
451 Andover Street #185  
N. Andover, MA 01845  
781-990-2280

BC/BS, MBHP (Includes some Mass Health Plans)  
Ages 4+  
Anxiety, Depression, Bipolar, Divorce, Peer Issues,  
Self Harming, Crisis

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**Ruth Cabrera, LMHC**  
5 Wallace Street  
Methuen, MA 01844  
978-870-4179  
\* Fluent in Spanish

Fallon, BCBS, Tufts, Unicare, Mass Health  
Ages 12+  
ADHD, Depression, Trauma, PTSD, Mood Disorder,  
Weight Loss, Transgender

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**Changing Tides Therapeutic Center**  
**Cristina Curro, MSW, LICSW**  
10 Prince Place Suite 201  
Newburyport, MA 01950  
978-478-7805

Call for insurance coverage  
All ages  
Addiction, Divorce, Grief, Family Conflict, Trauma

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**Community Empowerment Services**  
66 East Main Street  
Georgetown, MA 01833  
351-207-5948

Accepts Commercial and Public Plans  
Contact office for insurance details  
Ages 5+  
Grief, Depression, School Phobias, Trauma, ADHD,  
Anxiety, OCD, PTSD, Bipolar Disorder, Panic Disorder

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**Gillian Colburne, LMHC**  
5 Market Square #206  
Amesbury, MA 01913  
781-269-9215

BC/BS, Tufts  
Adolescents and Teens  
Depression, Anxiety, Mood Disorders

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**Diane Hawkins-Clark, LICSW**

30 Green Street  
Newbury, MA 01951  
978-462-5646

Aetna, BC/BS, Tufts, United Health Care  
Ages 10+

Anxiety, Grief, Fears, Play Therapy

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**Anthony Costello, LMFT**

65 Newburyport Turnpike  
Newbury, MA 01950  
978-255-3265

BC/BS, Tufts  
Ages 8+  
Individual Therapy, Family Therapy

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**Family Services of the Merrimack Valley**

430 N. Canal Street  
Lawrence, MA 01840  
978-327-6612 (Connie-Intake)

Aetna, BC/BS, MassHealth, Tufts, HPH,  
Fallon, Network Health, NHP  
\*Spanish Spoken  
All Ages  
ADHD, Anxiety, Behavioral Disorders, Gender  
Concerns, Family Therapy, Mood Disorders

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**Franchesca DeMaria, LMHC**

143 State Street  
Newburyport, MA 01950  
603-502-0989

BC/BS, Tufts, Network Health, Optum/UBH,  
Harvard Pilgrim, Beacon  
Ages 10+  
Anxiety, Adjustments, Depression, Social Skills, School Iss

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**Cara Doran, LMHC**

14 Cedar Street  
Amesbury, MA 01913  
617-538-6905  
mailbox@caradoran.com

BC/BS, Cigna, Harvard Pilgrim, Optum, Tufts  
Ages 3+  
Abuse, Anxiety, Depression, Domestic Violence,  
Transition, Relationship Difficulties  
Art therapy

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**Seacoast Mental Health Center**

1145 Sagamore Avenue  
Portsmouth, NH 03801  
psychiatry  
603-431-6703

Wide range of services including therapy and

30 Prospect Street  
Exeter, NH 03833  
603-772-2710

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**Seacoast Counseling of Newburyport**

**Donna Devlin, LICSW**  
10 Prince Place Suite 208  
Newburyport, MA 01950  
978-914-3679

Ages 13+  
Aetna, BC/BS, Cigna, Tufts, Beacon  
Anxiety, Depression, Peer Issues, Social Skills  
CBT (Cognitive Behavioral Therapy)

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**Lisa Dube, MSW, LICSW**  
Merrimack River Wellness  
51 Pleasant Street  
Newburyport, MA 01950  
978-306-2850

Ages 13+  
BC/BS, Allways (Partners), Tufts  
Gender Identity, LGBTQ, Parenting, ADHD, Depression  
Can help find other providers for patients with other insurances

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**Nancy Jean Eagan, LMHC**  
37A Pleasant Street  
Suite 3  
Newburyport, MA 01950  
978-255-3658

BC/BS, Optum/Allways  
Ages 5-18  
Anxiety, ADHD, Depression, OCD, School Refusal, Trauma

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**Robert Ebersole, LMFT**  
14 Cedar Street #203  
Amesbury, MA 01913  
978-880-3591

Beacon BC/BS, MBHP, Tricare,  
Tufts (out of network)

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**Anne Elshama, LICSW**  
6 Boston Road #205  
Chelmsford, MA 01824  
978-337-9893  
[anne@anneelshama.com](mailto:anne@anneelshama.com)

BC/BS, Tufts, United Healthcare  
Ages 9+  
Anger, Anxiety, Autism, Family Conflict, OCD, Stress  
Sports Performance, School Issues, Aspergers

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**Family Counseling Associates**  
12 Essex Street  
Andover, MA 01810  
978-222-3121

Aetna, BC/BS, Cigna, Fallon, Harvard, Tufts  
Wide range of services for children, teens and families

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**Jackie Femino-Nicoll, LICSW**  
28 Green Street  
Newbury, MA 01951  
978-463-0463

BC/BS, Harvard Pilgrim, Network Health, Tufts  
Ages 12+  
Anxiety, Depression, Divorce, Parenting  
(Presently not taking new patients)

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**Laura Gale, LICSW**  
5 Market Square #206  
Amesbury, MA 01913  
978-388-0606

Aetna, BMC, Tufts, United Health Care  
Ages 10+  
CBT, Anxiety, Depression, Teen Issues

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**Megan Gilbert, LICSW**  
110 Haverhill Road  
Bldg. A Suite 510  
Amesbury, MA 01913

BC/BS, Tufts, Private Pay

Ages 3+

Treats variety of mental health issues, CBT

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**Meghan Gonyea, LICSW**  
31 Green Street  
Newburyport, MA 01950  
413-961-5567

BC/BS, Tufts, United Health Care

Ages 6-19

Offers video counseling

Treats wide variety of mental health issues

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**David Haskell, LMHC**  
5 Market Street  
Amesbury, MA 01913  
978-822-1534

BMC Healthnet, Cigna, Unicare, Beacon, Fallon  
Neighborhood Health Plan, Tufts, BC/BS

Ages 6+

Depression, Anxiety, Grief, Anger, Behavior

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**Theresa Iannetta, LICSW**  
143 Essex Street  
Suite 712  
Haverhill, MA 01832  
978-476-4389

Self-Pay, Flexible Spending Accounts

Ages 10-24

ADHD, Anger, Divorce, Self-Harming, Self-Esteem,  
Impulse Control Disorders, Coping Skills, Teen Violence

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**Stephen Keane, LMHC**  
31 Green Street  
Newburyport, MA 01950  
978-712-4196

Aetna, BC/BS, Cigna, Harvard Pilgrim, Tricare, Tufts

Ages 14+

ADHD, Addiction, Anxiety, Depression, Parenting, Self-Esteem

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**Katrina Kotler, LMHC**  
110 Haverhill Road  
Amesbury, MA 01913  
978-971-1280

BC/BS, Tufts, Cigna, Beacon, Private Pay

Ages 12+

ADHD, Anxiety, Anger Management, Depression  
Emotion Regulation, Substance Abuse, CBT/DBT

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**Cara Langevin, MA, LMHC, ATR**  
12 Market Square  
Amesbury, MA 01913  
603-205-9763

BC/BS, Harvard Pilgrim, Tufts, Anthem  
Neighborhood Health Plan

Anxiety, Depression, OCD, Trauma, PTSD,  
Relationship/Family Issues, Children of Alcoholics

Ages 12+

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**Phyllis Lauria, LICSW** Aetna,BC/BS, Harvard Pilgrim, NHP, Network Health,  
110 Haverhill Road Tufts, United Health Care  
Amesbury, MA 01913 Ages 11-19  
978-388-0800 Anxiety, Behavior, Bipolar,Family Conflict, Self Harming,  
Trauma, Cognitive Behavior Therapy (CBT)

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**Diane Lambert, LICSW** BC/BS, Harvard Pilgrim, United Behavioral Health  
178 Harold L. Dow Hwy. #9 Ages 5-18  
Elliot, ME 03909 Anxiety, Depression, Teen Issues  
207-358-6257

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**Matthew Lipson, LICSW** Anxiety, Depression, Anger Management,  
110 Haverhill Road #502 Eating Disorders  
Amesbury, MA 01913 Children/Adolescents  
978-792-5129 Accepts Most Major Insurances

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**Mary Logan, MPA,MA, LMHC** Call for insurance information  
100 Main Street Suite 107 Depression, Anxiety, Grief, Stress Management,  
Amesbury, MA 01913 Anger Management, Addiction  
978-241-7881

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**Alison MacEachern, LMHC** BC/BS, Harvard Pilgrim, Tufts,  
14 Cedar Street United Behavioral Health  
Amesbury, MA 01913 Art Therapy: Children, Adolescents, Families  
617-233-2432

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**Francie Mandel, LICSW** Disorders of sexual development  
333 Longwood Avenue Gender Management Service (GEMS Program)  
Boston, MA 02115  
617-335-7948

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**Creative Bridges**  
**Stephanie Musial, LMHC** BC/BS, Cigna, HPH, NHP, Tricare, Tufts  
14 Cedar Street Art Therapy: Children, Adolescents, Families  
Amesbury, MA 01913  
978-290-0042

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**Jennifer Melson, LMHC** BC/BS,HPH,United Behavioral, Optum,  
14 Cedar Street MBHP (Includes some Mass Health Plans)  
Amesbury, MA 01913 Children and Adolescents  
508-612-9709 \*limited hours

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**Mary Ellen Mc Curly, MSW**  
8 Olive Street  
Newburyport, MA 01950  
617-548-1943

Aetna,BC/BS, Cigna, HPH,  
MBHP (Includes some Mass Health Plans)  
Ages 5+  
Adoption,Anxiety, ADHD, Autism,Depression, Grief,  
CBT(Cognitive Behavioral Therapy), Medical Conditions

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**Thomas Miller, LICSW**  
Newburyport, MA  
413-344-3226

BC/BS  
Ages 5+  
OCD, Anxiety, Depression, Addiction, Behavioral  
Issues, Executive functioning, Learning Issues

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**Emily “Molly” Mitchell, LICSW**  
100 Main Street Suite 12  
Amesbury, MA 01913  
978-705-4772

BC/BS, Tufts  
Ages 6+  
Anxiety, Depression, Behavioral Issues, Grief,  
Coping Skills, Self Esteem, Trauma, PTSD, Stress,  
Impulse Control Disorders, Mood Disorders

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**Tara Monzo, LICSW**  
9 Hampton Road  
Exeter, NH 03833  
603-518-4241

Aetna, Anthem, BC/BS, Cigna, HPH, Tricare, Tufts  
Optum, United Behavioral Health  
Ages 6+  
ADHD, Academic Underachievement, Aspergers,Autism  
Behavioral Issues, Coping Skills, Self Harming

\*Certified in American Sign Language

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**Jennifer Moore, LICSW**  
5 Market Square #102  
Group Practice  
Amesbury, MA 01950  
978-664-2566

MBHP (Includes some Mass Health Plans), Tufts,  
NHP,Tufts, BC/BS, Beacon, Fallon,BMC  
Ages 9+  
Anxiety, Depression, Trauma  
Private Practice accepts BC/BS and self pay

*And*  
Private Practice  
291 Main Street Groveland, MA 978-712-8023

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**NFI Massachusetts**

Accepts most insurances

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Haverhill Clinic  
76 Winter Street  
Haverhill, MA 01830  
978-373-1181

Wide variety of behavioral programs  
All ages

**Michelle Nickerson, LICSW**  
**Finding Solace Counselor**  
12 Market Square #2  
Amesbury, MA 01913

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<b>Michael Panza, LMHC</b> Nova Initia Counseling 57 Wingate Street Haverhill, MA 01832 351-777-8591	BC/BS, Cigna, HPH, tufts, United Health Care  18 + years Treats a wide variety of issues
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<b>Daniel “Skip” Parks, LMHC</b> 100 Main Street #103 Amesbury, MA 01913 978-388-5311	Aetna, BMC Healthnet, BC/BS, Fallon, HPH, NHP, MBHP( Includes some Mass Health Plans), Unicare, Optum Ages 6+ ADHD, Behavioral Issues, Bipolar, Anxiety, Aspergers, PTSD, Trauma
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<b>Creative Bridges</b> <b>Annah Powers, LMHC</b> 14 Cedar Street Amesbury, MA 01913 978-376-3679	BC/BS, Tufts, United Behavioral Health  Art Therapy: Children and Adolescents
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<b>Debra Rascona, LICSW</b> 221 Pleasant Street Newburyport, MA 01950 978-425-1532	BMC Healthnet, Beacon, BC/BS, Cigna, Fallon, HPH, UHC MBHP(Includes some Mass Health Plans), Tufts, Toddlers and Preschoolers (< 5 yrs old) Coping Skills, CBT, Mood Disorders, Parenting, Postpartum
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<b>Caroline Renau, LICSW</b> 291 Main Street Groveland, MA 01834 978-992-2105	BC/BS, HPH Ages 6+ ADHD, Anxiety, Autism, Depression, PTSD, Divorce, Emotional Disturbance
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<b>Katherine Ryan, LMHC</b> 239 Boston Road Topsfield, MA 01983 978-561-1927	BCBS, Tufts Commercial, Beacon, Magellan Ages 3+ Family Issues, Divorce, Blended Families, Parenting
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**Kathleen Shaw, LICSW**

14 Cedar Street #319  
Amesbury, MA 01915  
978-204-4514

BC/BS  
Ages 3+ Children and Families

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**Pat Stewart, LMHC**

5 Market Square  
Amesbury, MA 01913  
978-388-3343

Aetna, BC/BS, Fallon, Harvard, NHP, HPH,  
Tufts, MBHP (Includes some MassHealth),  
United Behavioral Health/Optum  
Ages 2-18

Behavioral Disturbances, Parent Coaching, Toddler/Teen Issues

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**Carol Sutcliffe, LMHC**

599 Canal Street  
Lawrence, MA 01840  
978-794-9968

Aetna, BMC Healthnet, BC/BS, Cigna, Fallon, HPH,  
NH Healthy Families, NHP, MBHP (Includes some Mass Health),  
Ages 5+

Anxiety, Bipolar, Coping Skills, Depression, Obesity,  
Trauma, CBT (Cognitive Behavioral Therapy)

86 Summer Street (Wednesdays)  
Haverhill, MA 01830

978-521-2439

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**Karen Straub, LICSW**

5 Market Square #204  
Amesbury, MA 01913  
603-290-5907

Anthem, Beacon, BCBS, Cigna, Harvard Pilgrim, Tufts  
United Behavioral Health  
Ages 6+

Mood Disorders, Grief, Lesbian, Anxiety, Depression,  
Divorce, Domestic Violence, Sexual Abuse

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**Patricia Sweeney, LMHC**

**Counseling Services of Greater Boston**

64 Central Street Second Floor  
Georgetown, MA 01833  
781-328-1904 x 100

School Issues, ADHD, Learning  
Disabilities

Blue Cross/Blue Shield, tufts, Optum

\*Weekday and Weekend hours

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**Sean Teal, LMHC**

Old Rochester Rd. #302  
Dover, NH 03820  
978-716-2989

Anthem, BC/BS, Cigna, HPH, Tricare, United, Wellsense,  
MBHP (Includes some Mass Health Plans)  
Ages 13+

Anxiety, ADHD, Depression, Substance Abuse

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**Thrive: A Social Learning Community**  
**Becky Chapman, MS,ED,BCBA,LABA**  
**Maggie Flaherty, MS, BCBA,LABA**

Evaluation and assessment of behavior. Home based services, school based services and social learning groups. Children and teens.  
14 Cedar Street #107 Amesbury, MA 01913 978-378-0550

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**Shiela Trieff, LICSW**

1 Merrimac Street #11  
Newbury, MA 01951  
978-462-4502

BC/BS

Ages 5+

Anxiety, Depression, Transitions, Grief, Death

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**Patricia Wallerstein, LICSW**

100 Main Street #11  
Amesbury, MA 01913  
978-388-5311

Aetna, BC/BS, HPH, Tufts, MBHP, Network  
Ages 7-19

Anxiety, Depression, Disruptive Behaviors, Family Strife,

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**Rose Wile, LMHC**

5 Market Square  
Amesbury, MA 01913  
978-838-3272

BC/BS, HPH, Tricare, Tufts, United Health Care  
Toddler to 21 Years

ADHD, Academic Issues, Anger Management, Anxiety,  
Aspergers, Depression, Learning Disabilities, Trauma, CBT

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**Jennifer Zaniboni, LICSW**

23 Green Street  
Newburyport, MA 01950  
508-982-2617

BC/BS, Self-Pay

16+

Relationship Issues, Anxiety, Depression,  
Stress Management

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**Henry Zapata, LMHC**

10 Prince Place  
Newburyport, MA 01950  
978-233-1543

BC/BS, Tufts

Ages 6-13

ADHD, Anxiety, Coping, Trauma  
CBT (Cognitive Behavioral Training)  
\*Saturday appointments

List updated 09-24-2020